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HY-TEK's Meet Manager 5/2/2009 05:02 PM

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009

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NCAT: Greensboro, NC

Results

## Event 1 Women High Jump

=====						
NCAA D1 Reg: R 1.75m						
MEAC: \$ 1.80m 2006						
Brittany Robinson, Morgan State University						
Name	Year	School	Finals	Points		
=====						
Finals						
1	280	Artis, Jonee	JR Norfolk State	1.65m	5-05.00	10
	1.50	1.55	1.60	1.65	1.70	
	P	P	O	O	XXX	
2	26	Baird, Natoya	SR Coppin State	1.65m	5-05.00	8
	1.50	1.55	1.60	1.65	1.70	
	P	O	O	XXO	XXX	
3	302	Vaughn, Shanlynn	JR Norfolk State	1.65m	5-05.00	5.50
	1.50	1.55	1.60	1.65	1.70	
	P	P	XO	O	XXX	
3	93	Pilliner, Suelyn	JR Florida A&M	1.65m	5-05.00	5.50
	1.50	1.55	1.60	1.65	1.70	
	P	P	XO	O	XXX	
5	118	Briggs, Deshana	FR Hampton	1.65m	5-05.00	4
	1.50	1.55	1.60	1.65	1.70	
	P	XO	XO	O	XXX	
6	119	Calder, Claudia	FR Hampton	1.65m	5-05.00	3
	1.50	1.55	1.60	1.65	1.70	
	P	O	O	XO	XXX	
7	64	Johnson, Kristen	FR Delaware State	1.65m	5-05.00	2
	1.50	1.55	1.60	1.65	1.70	
	O	O	XO	XXO	XXX	
8	59	Dillard, Christen	SR Delaware State	1.60m	5-03.00	0.50
	1.50	1.55	1.60	1.65		
	P	O	XO	XXX		
8	296	Mitchell, She'Anna	SO Norfolk State	1.60m	5-03.00	0.50
	1.50	1.55	1.60	1.65		
	P	P	XO	XXX		
10	258	Issacs, Khadeen	FR N. Carolina A&T	1.60m	5-03.00	
	1.50	1.55	1.60	1.65		
	P	XO	XO	XXX		
11	250	Breeden, Amanda	SO N. Carolina A&T	1.55m	5-01.00	
	1.50	1.55	1.60			
	XO	O	XXX			
12	69	Sewell, Nykeisha	SO Delaware State	1.55m	5-01.00	
	1.50	1.55	1.60			
	O	XXO	XXX			
13	120	Fair, Ermesha	FR Hampton	1.50m	4-11.00	
	1.50	1.55				
	O	XXX				
13	165	McKee, Alexandria	FR Howard	1.50m	4-11.00	
	1.50	1.55				
	O	XXX				
13	41	Weekly, Salena	FR Coppin State	1.50m	4-11.00	
	1.50	1.55				
	O	XXX				
--	335	Moss, Andranette	SO South Carolina S		NH	
	1.50					
	XXX					
--	338	Scott, Mironda	SR South Carolina S		NH	
	1.50					
	XXX					
--	327	Foster, Kristi	SR South Carolina S		DNS	

## Event 2 Men High Jump

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=====
NCAA D1 Reg: R 2.10m
MEAC: $ 2.25m 1993 Chris Gay, Florida A&M
Name Year School Finals Points
=====
1 324 Woods, Marlon JR Norfolk State 2.15mR 7-00.50 10
1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15 2.20
P P P P XO O XO XO XXX
2 238 Blocker, James JR Morgan State 2.10mR 6-10.75 8
1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15
P P P P P O O XXX
3 217 Moore, James JR Maryland-Eastern 2.05m 6-08.75 5.50
1.80 1.85 1.90 1.95 2.00 2.05 2.10
P P P O XO XO XXX
3 321 Vinston, Corey SO Norfolk State 2.05m 6-08.75 5.50
1.80 1.85 1.90 1.95 2.00 2.05 2.10
O O P O XO XO XXX
5 104 McCloud, Antwon FR Florida A&M 2.00m 6-06.75 4
1.80 1.85 1.90 1.95 2.00 2.05
P P P P O XXX
6 308 Hall, Raphael JR Norfolk State 2.00m 6-06.75 3
1.80 1.85 1.90 1.95 2.00 2.05 2.10
P P P O XO P XXX
7 278 Smith, Gordon SR N. Carolina A&T 2.00m 6-06.75 2
1.80 1.85 1.90 1.95 2.00 2.05
P P O XXO XO XXX
8 140 Dixon, Damon SO Hampton 1.95m 6-04.75 1
1.80 1.85 1.90 1.95 2.00
P P XXO O XXX
9 184 Rosa, Benjamin FR Howard 1.95m 6-04.75
1.80 1.85 1.90 1.95 2.00
O XO XXO O XXX
10 19 Howard, DJ FR Bethune-Cookman 1.85m 6-00.75
1.80 1.85 1.90
P XXO XXX
11 72 Brisco, Isaiah FR Delaware State 1.85m 6-00.75
1.80 1.85 1.90
XXO XXO XXX
-- 81 Sivels, Darius FR Delaware State NH
1.80
XX
-- 219 Strachan, Jamahl SR Maryland-Eastern NH
1.80 1.85 1.90
P P XXX
-- 352 Knight, Levar JR South Carolina S NH
1.80 1.85 1.90
P P XXX
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## Event 3 Women Pole Vault

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=====
NCAA D1 Reg: R 3.85m
MEAC: $ 3.35m 2007 Carolyn Lewis, Hampton
Name Year School Finals Points
=====
1 303 Wright, Katie FR Norfolk State 3.26m 10-08.25 10
2.21 2.36 2.51 2.66 2.81 2.96 3.11 3.26 3.36
P P P P P O O O XXX
2 301 Shoates, Candace JR Norfolk State 2.81m 9-02.50 8
2.21 2.36 2.51 2.66 2.81 2.96
O P XO O XXX
3 299 Sanders, Andrea FR Norfolk State 2.66m 8-08.75 6
2.21 2.36 2.51 2.66 2.81
O O O O XXX
4 292 Joseph, Ashleigh SO Norfolk State 2.66m 8-08.75 5
2.21 2.36 2.51 2.66 2.81
XO O O O XXX
5 231 Richardson, Shalee SR Morgan State 2.66m 8-08.75 4
2.21 2.36 2.51 2.66 2.81
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6	67	McGroary, Victoria	SO Delaware State	2.36m	7-08.75	3
	2.21	2.36	2.51			
		O	XO	XXX		
7	97	Suer, Antionette	SR Florida A&M	2.36m	7-08.75	2
	2.21	2.36	2.51			
		O	XXO	XXX		
8	30	Jarvis, Crystal	SO Coppin State	2.36m	7-08.75	1
	2.21	2.36	2.51			
		XO	XXO	XXX		
9	195	Berry, Alexander	FR Maryland-Eastern	2.21m	7-03.00	
	2.21	2.36				
		XO	XXX			
--	338	Scott, Mironda	SR South Carolina S		NH	
	2.21					
		XXX				
--	199	James, Ameris	FR Maryland-Eastern		NH	
	2.21					
		XXX				
--	329	Govirk, Elizabeth	SR South Carolina S		NH	
	2.21					
		XXX				
--	37	Satchell, Stephani	FR Coppin State		DNS	

## Event 4 Men Pole Vault

=====						
NCAA D1 Reg: R 5.05m						
MEAC: \$ 5.40m 2004 David Stephens, South Carolina State						
Name	Year	School	Finals	Wind	Points	
=====						
1	306	Dodd, Brett	JR Norfolk State	4.40m	14-05.25	10
	3.20	3.35	3.50	3.65	3.80	3.95
		P	P	P	P	P
			XXO	O	O	XXX
2	112	White, Mike	JR Florida A&M	4.25m	13-11.25	8
	3.20	3.35	3.50	3.65	3.80	3.95
		P	P	P	P	P
				XO	XXX	
3	71	Agan, Ryan	SO Delaware State	3.95m	12-11.50	6
	3.20	3.35	3.50	3.65	3.80	3.95
		P	P	P	P	O
						XXX
4	219	Strachan, Jamahl	SR Maryland-Eastern	3.95m	12-11.50	5
	3.20	3.35	3.50	3.65	3.80	3.95
		O	O	XO	O	O
						XXP
5	140	Dixon, Damon	SO Hampton	3.95m	12-11.50	4
	3.20	3.35	3.50	3.65	3.80	3.95
		O	P	P	O	P
						XO
						XXX
6	314	Owens, Ryan	SO Norfolk State	3.50m	11-05.75	3
	3.20	3.35	3.50	3.65		
		P	O	XO	XXX	
7	209	Dix, Jermol	FR Maryland-Eastern	3.35m	10-11.75	2
	3.20	3.35	3.50			
		XO	XO	XXX		
--	305	Cooper, Algernon	SR Norfolk State		NH	
	3.20					
		XXX				
--	54	Smith, Shane	SR Coppin State		DNS	

## Event 5 Women Long Jump

=====							
NCAA D1 Reg: R 6.00m							
MEAC: \$ 6.34m 1983 Collette Williams, South Carolina State							
Name	Year	School	Finals	Wind	Points		
=====							
1	6	Mitchell, Rockel	SR Bethune-Cookman	5.99m	5.7	19-08.00	10
		5.99m(5.7)	FOUL	5.43m(1.9)	FOUL	5.83m(3.3)	5.82m(2.0)
2	253	Dixon, Brittany	SR N. Carolina A&T	5.89m	2.6	19-04.00	8
		5.73m(2.4)	FOUL	5.70m(3.2)	FOUL	5.89m(2.6)	5.59m(5.9)
3	293	Kirby, Wanetta	SO Norfolk State	5.89m	3.0	19-04.00	6
		FOUL	FOUL	5.89m(3.0)	5.61m(2.3)	FOUL	FOUL

4	125 Lewis, Rachel	SR Hampton	5.80m	3.8	19-00.50	5
	5.53m(3.0) 5.80m(3.8) 5.45m(2.6) 5.64m(1.3) FOUL		5.48m(0.3)			
5	281 Brown, Janet	SO Norfolk State	5.74m	2.7	18-10.00	4
	5.61m(2.8) 5.51m(2.0) 5.54m(-1.1) 5.72m(3.4) 5.61m(1.5) 5.74m(2.7)					
6	26 Baird, Natoya	SR Coppin State	5.56m	3.5	18-03.00	3
	5.40m(4.8) 5.56m(3.5) 5.24m(2.2) FOUL 5.32m(4.5) 5.53m(4.5)					
7	333 McWilliams, Rene	SR South Carolina S	5.53m	3.7	18-01.75	2
	5.49m(1.1) 5.53m(3.7) 5.35m(3.7) 5.42m(5.4) 5.26m(3.5) FOUL					
8	134 Vassell, Racquel	SO Hampton	5.51m	3.1	18-01.00	1
	5.51m(3.1) 4.86m(3.7) FOUL FOUL FOUL FOUL					
9	40 Taylor, Shekinah	FR Coppin State	5.50m	2.6	18-00.50	
	FOUL 5.50m(2.6) 5.46m(1.8) FOUL 5.21m(2.2) FOUL					
10	250 Breeden, Amanda	SO N. Carolina A&T	5.46m	1.4	17-11.00	
	5.46m(1.4) 5.43m(5.8) 5.41m(1.5)					
11	339 Smith, Jasmine	JR South Carolina S	5.45m	1.2	17-10.75	
	5.45m(1.2) FOUL(4.0) 5.42m(2.0)					
12	223 Carson, Micsha	FR Morgan State	5.44m	4.4	17-10.25	
	FOUL 5.00m(3.7) 5.44m(4.4)					
13	86 Davis, Ashante	SO Florida A&M	5.44m	7.1	17-10.25	
	FOUL 5.44m(7.1) FOUL					
13	70 Shell, Jessika	SR Delaware State	5.44m	4.5	17-10.25	
	FOUL 5.44m(4.5) FOUL					
15	96 Story, Tomika	FR Florida A&M	5.33m	4.9	17-06.00	
	5.02m(1.1) 5.11m(2.7) 5.33m(4.9)					
16	93 Pilliner, Suelyn	JR Florida A&M	5.32m	3.0	17-05.50	
	5.32m(3.0) 5.01m(3.8) 4.79m(2.6)					
17	59 Dillard, Christen	SR Delaware State	5.31m	3.0	17-05.25	
	5.10m(2.0) 5.31m(3.0) 5.17m(3.5)					
18	285 Faulkner, Victoria	SR Norfolk State	5.18m	3.7	17-00.00	
	FOUL 5.18m(3.7) FOUL					
19	120 Fair, Ermesha	FR Hampton	5.15m	2.9	16-10.75	
	FOUL FOUL 5.15m(2.9)					
20	164 Lemonious, Alexand	JR Howard	4.98m	3.2	16-04.25	
	FOUL FOUL 4.98m(3.2)					
--	341 Vance, Tempest	JR South Carolina S	DNS	NWI		
--	29 Hall, Deondrea	JR Coppin State	DNS	NWI		

## Event 6 Men Long Jump

NCAA D1 Reg: R 7.34m							
MEAC: \$ 7.93m 2008 Corey Vinston, Norfolk State							
Name	Year	School	Finals	Wind		Points	
1	321	Vinston, Corey	SO Norfolk State	7.67m	5.2	25-02.00	10
		7.51m(3.6) 7.35m(2.2) 7.67m(5.2) PASS PASS	PASS				
2	324	Woods, Marlon	JR Norfolk State	7.60m	7.0	24-11.25	8
		7.60m(7.0) PASS PASS 6.77m(3.0) FOUL	7.58m(2.5)				
3	152	Walker, Predist	SO Hampton	7.24m	2.6	23-09.00	6
		7.13m(5.3) 6.97m(4.9) 7.04m(1.3) FOUL 7.14m(6.5) 7.24m(2.6)					
4	274	McFadgen, David	JR N. Carolina A&T	7.18m	4.5	23-06.75	5
		7.06m(3.9) 7.05m(1.3) 7.18m(4.5) 7.05m(2.0) FOUL	7.00m(2.9)				
5	186	Small-Warner, Step	SR Howard	7.12m	5.3	23-04.50	4
		7.12m(5.3) PASS PASS PASS PASS	PASS				
6	316	Shelton, Darris	FR Norfolk State	7.10m	4.7	23-03.50	3
		FOUL 7.10m(4.7) 7.04m(4.2) 6.74m(1.9) PASS	FOUL				
7	352	Knight, Levar	JR South Carolina S	7.07m	3.7	23-02.50	2
		6.90m(4.5) 7.07m(3.7) 6.99m(2.3) FOUL FOUL	5.22m(2.1)				
8	23	Nicholas, Kenson	SO Bethune-Cookman	7.07m	4.5	23-02.50	1
		FOUL(1.0) 7.07m(4.5) FOUL(3.6) 6.74m(-1.6) FOUL(2.4) 6.56m(-0.2)					
9	142	Jones, Brandon	SR Hampton	7.01m	4.8	23-00.00	
		6.16m(3.2) 6.49m(4.9) 7.01m(4.8) 6.69m(3.4) 6.80m(3.9) 6.65m(3.8)					
10	80	Murray, Leslie	FR Delaware State	6.87m	5.8	22-06.50	
		6.87m(5.8) 6.68m(3.0) PASS					
11	355	Stephens, Marcus	FR South Carolina S	5.74m	4.6	18-10.00	
		5.74m(4.6) FOUL PASS					
12	238	Blocker, James	JR Morgan State	5.15m	2.5	16-10.75	
		FOUL 5.15m(2.5) PASS					
--	188	Tirado, Carnegie	FR Howard	FOUL			

	FOUL	PASS	PASS			
--	79	Moore, Larrone	JR Delaware State		FOUL	
	FOUL	FOUL	PASS			
--	49	Miles, Brandon	SR Coppin State		DNS	NWI

## Event 7 Women Triple Jump

NCAA D1 Reg: R 12.32m

MEAC: \$ 13.34m 2007

Yvette Lewis, Hampton

Name	Year	School	Finals	Wind	Points
1	339	Smith, Jasmine	JR South Carolina S	12.77m	2.2 41-10.75 10
		12.70m(0.8) FOUL	PASS	FOUL	12.36m(2.1) 12.77m(2.2)
2	125	Lewis, Rachel	SR Hampton	12.07m	1.1 39-07.25 8
		11.97m(2.1) FOUL(1.5) FOUL(1.5)	11.96m(1.5) FOUL(1.6)	12.07m(1.1)	
3	96	Story, Tomika	FR Florida A&M	11.99m	1.4 39-04.00 6
		11.62m(1.0) FOUL(1.9)	11.89m(1.2) 11.97m(-0.3)	11.67m(-0.0) 11.99m(1.4)	
4	26	Baird, Natoya	SR Coppin State	11.96m	-0.4 39-03.00 5
		11.78m(1.8) 11.96m(-0.4) FOUL	11.83m(0.5) FOUL	FOUL	
5	253	Dixson, Brittany	SR N. Carolina A&T	11.89m	2.2 39-00.25 4
		FOUL(0.9) 11.63m(0.6) 11.78m(1.6)	11.69m(-0.0) 11.57m(2.0)	11.89m(2.2)	
6	86	Davis, Ashante	SO Florida A&M	11.70m	1.4 38-04.75 3
		11.56m(1.4) 11.56m(0.3) 11.70m(1.4)	11.48m(0.9) 11.56m(0.9)	FOUL(1.5)	
7	289	Hite, Alaina	FR Norfolk State	11.68m	1.2 38-04.00 2
		11.68m(1.2) 11.58m(1.7) 11.67m(0.5)	11.14m(0.1) 11.62m(1.1)	11.58m(2.1)	
8	59	Dillard, Christen	SR Delaware State	11.67m	0.9 38-03.50 1
		FOUL	FOUL	11.67m(0.9) 11.60m(0.7)	FOUL
9	281	Brown, Janet	SO Norfolk State	11.61m	1.5 38-01.25
		11.61m(1.5) FOUL(0.5) 11.51m(1.9)	FOUL(-0.6) 11.52m(0.9)	FOUL(3.1)	
10	291	Jenkins, Tanisha	SO Norfolk State	11.36m	0.8 37-03.25
		FOUL(0.9) FOUL(1.7) 11.36m(0.8)			
11	60	Fan Fan, Tracey	FR Delaware State	11.34m	2.3 37-02.50
		11.10m(2.5) 11.26m(1.9) 11.34m(2.3)			
12	120	Fair, Ermesha	FR Hampton	11.33m	2.0 37-02.25
		11.33m(2.0) 11.11m(0.8) FOUL			
--	223	Carson, Micsha	FR Morgan State		FOUL
		FOUL	FOUL	PASS	
--	70	Shell, Jessika	SR Delaware State		FOUL
		FOUL	FOUL	FOUL	
--	40	Taylor, Shekinah	FR Coppin State		FOUL
		FOUL	FOUL	FOUL	
--	331	Jefferson, Brandi	SO South Carolina S		FOUL
		FOUL	FOUL	FOUL	
--	2	Austin, Analisa	SO Bethune-Cookman		DNS NWI
--	29	Hall, Deondrea	JR Coppin State		DNS NWI

## Event 8 Men Triple Jump

NCAA D1 Reg: R 15.00m

MEAC: \$ 16.14m 2005

Brandon Vai, North Carolina A&amp;T

Name	Year	School	Finals	Wind	Points
1	321	Vinston, Corey	SO Norfolk State	15.06mR	0.5 49-05.00 10
		14.90m(1.1) 14.72m(0.8) 15.06m(0.5)	PASS	PASS	
2	324	Woods, Marlon	JR Norfolk State	15.03mR	2.0 49-03.75 8
		14.41m(2.6) FOUL(1.5) PASS	14.47m(1.2) 14.68m(0.4)	15.03m(2.0)	
3	274	McFadgen, David	JR N. Carolina A&T	14.93m	1.0 48-11.75 6
		14.17m(1.8) FOUL(1.8) FOUL(2.5)	14.53m(-0.4) 14.93m(1.0)	FOUL(1.1)	
4	267	Buchanan, Ron	SR N. Carolina A&T	14.72m	0.5 48-03.50 5
		14.69m(1.1) FOUL(2.9) 14.72m(0.5)	PASS	14.44m(0.1) 13.03m(1.6)	
5	142	Jones, Brandon	SR Hampton	14.67m	2.4 48-01.75 4
		14.64m(1.5) 14.56m(1.8) 14.67m(2.4)	14.18m(1.9) FOUL(1.9)	14.58m(1.8)	
6	248	Taylor-Watson, Dak	SR Morgan State	14.44m	2.5 47-04.50 3
		14.19m(1.4) 12.84m(2.6) 13.67m(0.8)	13.87m(-1.0) FOUL(0.1)	14.44m(2.5)	
7	316	Shelton, Darris	FR Norfolk State	14.41m	1.8 47-03.50 2
		13.84m(1.9) 14.35m(0.1) 14.40m(0.8)	FOUL(0.2) FOUL(0.2)	FOUL(0.2) 14.41m(1.8)	
8	217	Moore, James	JR Maryland-Eastern	14.12m	0.8 46-04.00 1
		13.94m(0.4) 13.60m(1.9) 13.70m(1.6)	14.08m(1.6) 14.12m(0.8)	13.51m(2.7)	

9	352 Knight, Levar	JR South Carolina S	13.85m	2.0	45-05.25
	FOUL FOUL	13.85m(2.0) FOUL PASS	PASS		
10	23 Nicholas, Kenson	SO Bethune-Cookman	13.68m	2.4	44-10.75
	13.59m(2.1) 13.68m(2.4) 13.15m(1.5)				
11	147 Ramsey, Stephen	SR Hampton	13.47m	1.0	44-02.50
	FOUL FOUL	13.47m(1.0)			
12	184 Rosa, Benjamin	FR Howard	13.18m	2.7	43-03.00
	12.94m(2.1) 13.18m(2.7) 13.04m(1.1)				
--	188 Tirado, Carnegie	FR Howard	FOUL		
	FOUL PASS PASS				
--	355 Stephens, Marcus	FR South Carolina S	DNS	NWI	

## Event 9 Women Discus Throw

=====					
NCAA D1 Reg: R 47.30m					
MEAC: \$ 51.09m 1990 Tiffany Daughtry, Florida A&M					
Name	Year	School	Finals	Points	
=====					
1	255 Foster, Jerrine	JR N. Carolina A&T	47.34mR	155-04	10
	44.90m 47.13m FOUL 46.66m 47.34m FOUL				
2	230 Randall, Allison	JR Morgan State	44.19m	145-00	8
	42.52m FOUL FOUL 41.04m 43.54m 44.19m				
3	12 Williams, Ron-Dani	SR Bethune-Cookman	43.22m	141-09	6
	42.83m FOUL FOUL 43.15m 43.22m 38.93m				
4	116 Blaylock, Nielah	SR Hampton	41.09m	134-10	5
	41.09m FOUL 38.62m 33.12m 39.66m FOUL				
5	254 Forrester, Katheri	JR N. Carolina A&T	40.72m	133-07	4
	40.59m 40.72m FOUL 37.87m 32.87m FOUL				
6	206 Woodward, Saisha	SR Maryland-Eastern	40.38m	132-06	3
	34.85m FOUL FOUL FOUL 40.38m FOUL				
7	127 McGregor, Kristal	JR Hampton	40.24m	132-00	2
	40.24m FOUL 36.81m FOUL 39.08m 35.34m				
8	8 Ruffin, Maketa	SO Bethune-Cookman	38.42m	126-00	1
	38.42m FOUL FOUL 34.92m FOUL FOUL				
9	336 Rothmiller, Shamir	FR South Carolina S	37.14m	121-10	
	FOUL FOUL 37.14m FOUL FOUL FOUL				
10	135 Watkins, Jocelyn	SO Hampton	36.89m	121-00	
	36.89m FOUL 34.90m				
11	236 Williams, Tia	FR Morgan State	34.71m	113-10	
	33.50m 33.72m 34.71m				
12	155 Bell, Chanel	FR Howard	34.58m	113-05	
	FOUL 34.58m FOUL				
13	198 Henry, Vanessa	FR Maryland-Eastern	33.85m	111-01	
	33.84m 33.85m FOUL				
14	328 Fowler, Eileena	FR South Carolina S	32.83m	107-08	
	FOUL 32.83m 28.24m				
15	162 Jenkins, Krystal	SO Howard	32.66m	107-02	
	28.78m 30.95m 32.66m				
16	204 Wheeler, Joycelyn	SO Maryland-Eastern	31.20m	102-04	
	29.67m 31.20m FOUL				
17	63 Hovington, Morgan	SR Delaware State	24.42m	80-01	
	24.42m 23.50m FOUL				
--	153 Aaten-White, Mya	FR Howard	FOUL		
	FOUL FOUL FOUL				
--	84 Booker, Takeira	FR Florida A&M	FOUL		
	FOUL FOUL FOUL				
--	221 Bronson, Leitawsha	SR Morgan State	DNS		

## Event 10 Men Discus Throw

=====					
NCAA D1 Reg: R 51.70m					
MEAC: \$ 50.91m 1982 Alonzo Johnson, Florida A&M					
Name	Year	School	Finals	Points	
=====					
1	349 Facey, Noel	FR South Carolina S	45.93m	150-08	10
	45.42m 42.95m 45.93m PASS 44.04m				
2	315 Richardson, Kendri	FR Norfolk State	45.10m	147-11	8
	43.47m 45.10m FOUL PASS 43.21m 40.62m				

3	107 Scott, Frank	SO Florida A&M	43.78m	143-08	6
	43.78m 42.01m 40.83m	PASS PASS 39.84m			
4	276 Phifer, Lonnie	SR N. Carolina A&T	42.19m	138-05	5
	41.78m 37.86m 37.03m	PASS 42.19m PASS			
5	265 Boulware, Robert	SO N. Carolina A&T	40.95m	134-04	4
	40.26m 36.21m FOUL	40.79m 40.87m 40.95m			
6	277 Sanders, Alex	FR N. Carolina A&T	40.48m	132-10	3
	FOUL FOUL 38.28m 37.74m	40.48m PASS			
7	245 Napoleon, Anthony	FR Morgan State	39.43m	129-04	2
	39.43m 37.48m FOUL	PASS 38.86m 37.03m			
8	21 Johnson, Craig	SR Bethune-Cookman	38.98m	127-11	1
	38.98m FOUL FOUL	PASS PASS PASS			
9	346 Coleman, Brian	SO South Carolina S	37.49m	123-00	
	32.50m FOUL FOUL	32.24m 37.49m 37.07m			
10	348 Elmore, Mark	JR South Carolina S	31.25m	102-06	
	FOUL FOUL 31.25m				
--	237 Benjamin, Tyron	SR Morgan State	FOUL		
	FOUL FOUL FOUL				

## Event 13 Women Javelin Throw

=====

NCAA D1 Reg: R 43.45m  
MEAC: \$ 49.40m

Name	Year School	Finals	Points
1 206 Woodward, Saisha	SR Maryland-Eastern	42.27m	138-08 10
	36.27m 38.21m FOUL	36.95m FOUL 42.27m	
2 336 Rothmiller, Shamir	FR South Carolina S	41.56m	136-04 8
	36.44m 35.08m 31.22m	36.63m 41.56m FOUL	
3 115 Black, Amanda	SR Hampton	35.65m	116-11 6
	31.91m FOUL 26.77m	31.29m 32.90m 35.65m	
4 285 Faulkner, Victoria	SR Norfolk State	34.47m	113-01 5
	32.27m 29.24m 31.77m	31.93m 34.47m 30.88m	
5 154 Abernathy, Norell	FR Howard	33.82m	110-11 4
	27.29m 28.48m 32.13m	33.30m 30.39m 33.82m	
6 26 Baird, Natoya	SR Coppin State	33.35m	109-05 3
	33.06m FOUL 32.17m	29.04m 33.35m 24.69m	
7 236 Williams, Tia	FR Morgan State	32.63m	107-01 2
	32.63m 31.85m 30.00m	FOUL FOUL 30.00m	
8 88 Francis, Ann-Marie	JR Florida A&M	30.17m	99-00 1
	25.15m 29.93m FOUL	28.75m 29.35m 30.17m	
9 302 Vaughn, Shanlynn	JR Norfolk State	29.99m	98-05
	28.85m 29.99m 20.83m	23.00m 27.90m 28.53m	
10 230 Randall, Allison	JR Morgan State	29.81m	97-10
	FOUL 29.81m 24.72m		
11 41 Weekly, Salena	FR Coppin State	29.69m	97-05
	29.11m 29.69m FOUL		
12 30 Jarvis, Crystal	SO Coppin State	28.54m	93-08
	28.54m 27.00m 24.81m		
13 198 Henry, Vanessa	FR Maryland-Eastern	27.43m	90-00
	FOUL 27.43m FOUL		
14 8 Ruffin, Maketa	SO Bethune-Cookman	25.43m	83-05
	FOUL 25.43m 22.10m		
15 288 Harris, Tiphani	SO Norfolk State	25.17m	82-07
	25.17m 23.46m FOUL		
16 220 Adams, Ashley	SO Morgan State	24.24m	79-06
	22.04m 24.24m FOUL		
17 135 Watkins, Jocelyn	SO Hampton	23.11m	75-10
	21.71m FOUL 23.11m		
18 204 Wheeler, Joycelyn	SO Maryland-Eastern	21.89m	71-10
	20.74m 21.89m 16.73m		
19 258 Issacs, Khadeen	FR N. Carolina A&T	21.67m	71-01
	17.08m 21.67m FOUL		
20 97 Suer, Antionette	SR Florida A&M	17.23m	56-06
	17.23m 14.77m 12.32m		
-- 327 Foster, Kristi	SR South Carolina S	DNS	

## Event 14 Men Javelin Throw

NCAA D1 Reg: R 61.60m						
MEAC: \$ 70.85m 1987 Kenneth Beache, Howard						
Name	Year	School	Finals	Points		
1	148 rountree, brandon	FR Hampton	53.34m	175-00	10	
	FOUL 53.34m 51.34m	FOUL 52.32m 51.90m				
2	82 Sutton, John	JR Delaware State	53.16m	174-05	8	
	51.69m 50.90m 50.05m	49.18m 53.16m 52.71m				
3	345 Brown, Leighton	FR South Carolina S	51.54m	169-01	6	
	45.20m 51.54m 49.61m	49.00m 46.69m 47.54m				
4	323 Whitties, Meredith	JR Norfolk State	50.91m	167-00	5	
	50.91m 48.51m 49.25m	43.89m 46.94m 43.35m				
5	271 Fox, Jesse	JR N. Carolina A&T	47.79m	156-09	4	
	46.23m 47.12m 42.99m	47.79m 46.91m FOUL				
6	72 Brisco, Isaiah	FR Delaware State	47.34m	155-04	3	
	FOUL 35.80m 43.81m 41.69m	47.34m 37.23m				
7	207 Agbor-Eyong, Harri	FR Maryland-Eastern	46.31m	151-11	2	
	46.31m FOUL FOUL 44.68m	43.04m FOUL				
8	147 Ramsey, Stephen	SR Hampton	44.65m	146-06	1	
	FOUL 44.65m 38.36m	FOUL FOUL 40.58m				
9	21 Johnson, Craig	SR Bethune-Cookman	43.58m	143-00		
	43.58m 36.63m FOUL	FOUL 41.57m FOUL				
10	310 Luka, Dominic	SR Norfolk State	41.86m	137-04		
	41.86m 39.66m 41.13m					
11	112 White, Mike	JR Florida A&M	41.83m	137-03		
	40.68m 34.10m 41.83m					
12	248 Taylor-Watson, Dak	SR Morgan State	41.27m	135-05		
	41.27m 41.12m FOUL					
13	315 Richardson, Kendri	FR Norfolk State	40.16m	131-09		
	FOUL FOUL 40.16m					
14	348 Elmore, Mark	JR South Carolina S	39.04m	128-01		
	36.59m 39.04m 36.19m					
15	346 Coleman, Brian	SO South Carolina S	34.67m	113-09		
	34.67m 33.70m FOUL					
16	81 Sivels, Darius	FR Delaware State	29.59m	97-01		
	29.59m FOUL FOUL					
--	237 Benjamin, Tyron	SR Morgan State	FOUL			
	FOUL PASS PASS PASS	PASS PASS				
--	245 Napoleon, Anthony	FR Morgan State	DNS			

## Event 15 Women Shot Put

NCAA D1 Reg: R 14.30m						
MEAC: \$ 14.69m 2008 Leitawsha Bronson, Morgan State						
Name	Year	School	Finals	Points		
1	336 Rothmiller, Shamir	FR South Carolina S	14.97m\$	49-01.50	10	
	13.63m 13.73m 13.91m	14.03m 14.97m 14.74m				
2	198 Henry, Vanessa	FR Maryland-Eastern	14.91m\$	48-11.00	8	
	14.91m 14.52m 14.16m	14.40m FOUL FOUL				
3	12 Williams, Ron-Dani	SR Bethune-Cookman	14.76m\$	48-05.25	6	
	14.24m 14.57m 14.76m	14.66m 14.69m 14.45m				
4	255 Foster, Jerrine	JR N. Carolina A&T	14.68mR	48-02.00	5	
	13.80m 13.88m 14.65m	14.46m 14.39m 14.68m				
5	221 Bronson, Leitawsha	SR Morgan State	14.59mR	47-10.50	4	
	14.59m 14.59m FOUL	FOUL FOUL 14.39m				
6	254 Forrester, Katheri	JR N. Carolina A&T	14.14m	46-04.75	3	
	12.73m 13.48m 12.85m	14.10m 13.71m 14.14m				
7	206 Woodward, Saisha	SR Maryland-Eastern	13.82m	45-04.25	2	
	12.79m FOUL FOUL	FOUL 13.43m 13.82m				
8	236 Williams, Tia	FR Morgan State	12.99m	42-07.50	1	
	12.21m 12.99m 12.45m	FOUL FOUL FOUL				
9	135 Watkins, Jocelyn	SO Hampton	12.51m	41-00.50		
	FOUL FOUL 12.51m	FOUL 11.85m 12.41m				
10	155 Bell, Chanel	FR Howard	12.26m	40-02.75		
	11.66m FOUL 12.26m					
11	63 Hovington, Morgan	SR Delaware State	12.22m	40-01.25		

12	11.14m 12.22m 11.93m 127 McGregor, Kristal	JR Hampton	12.04m	39-06.00
13	11.40m 12.04m FOUL 84 Booker, Takeira	FR Florida A&M	11.37m	37-03.75
14	FOUL FOUL 11.37m 328 Fowler, Eileena	FR South Carolina S	10.50m	34-05.50
15	10.21m FOUL 10.50m 204 Wheeler, Joycelyn	SO Maryland-Eastern	10.49m	34-05.00
16	FOUL 10.49m 10.39m 162 Jenkins, Krystal	SO Howard	9.54m	31-03.75
--	9.19m FOUL 9.54m 153 Aaten-White, Mya	FR Howard	FOUL	
--	FOUL FOUL FOUL 230 Randall, Allison	JR Morgan State	FOUL	
--	FOUL PASS PASS 32 LaGrier, Tiffany	FR Coppin State	DNS	
--	35 Manely, Jeanine	FR Coppin State	DNS	

## Event 16 Men Shot Put

NCAA D1 Reg: R 16.80m

MEAC: \$ 18.08m 2007

Kimani Kirton, Maryland Eastern Shore

Name	Year	School	Finals	Points
1	237 Benjamin, Tyron	SR Morgan State	17.62mR 57-09.75	10
	17.13m 17.09m 17.26m 17.28m 17.40m 17.62m			
2	276 Phifer, Lonnie	SR N. Carolina A&T	17.32mR 56-10.00	8
	15.67m 16.23m 16.64m 16.04m 16.86m 17.32m			
3	320 Thomas, Darryl	FR Norfolk State	16.00m 52-06.00	6
	15.26m 16.00m FOUL 14.93m FOUL 15.38m			
4	265 Boulware, Robert	SO N. Carolina A&T	15.93m 52-03.25	5
	15.41m 14.89m 15.18m 15.56m 15.93m 15.82m			
5	349 Facey, Noel	FR South Carolina S	15.61m 51-02.75	4
	15.61m FOUL FOUL 14.88m FOUL FOUL			
6	245 Napoleon, Anthony	FR Morgan State	14.63m 48-00.00	3
	14.37m 14.33m FOUL FOUL 14.30m 14.63m			
7	107 Scott, Frank	SO Florida A&M	14.43m 47-04.25	2
	13.46m 13.96m 14.43m FOUL FOUL FOUL			
8	307 Duncan, Theo	FR Norfolk State	14.38m 47-02.25	1
	14.35m FOUL 13.79m 14.38m 13.61m 13.96m			
9	346 Coleman, Brian	SO South Carolina S	14.25m 46-09.00	
	FOUL 13.91m 13.92m 14.17m 13.87m 14.25m			
10	21 Johnson, Craig	SR Bethune-Cookman	13.31m 43-08.00	
	FOUL 13.31m FOUL			
11	347 Demesme, Rashad	FR South Carolina S	11.29m 37-00.50	
	11.29m 10.76m FOUL			

## Event 17 Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

NCAA D1 Reg: R 11.75

MEAC: \$ 11.45 2000

Shaunta Pelham, Florida A&amp;M

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	7 Munroe, Dianne	SR Bethune-Cookman	11.47Q	3.4	1
2	134 Vassell, Racquel	SO Hampton	11.59Q	2.1	3
3	283 Claiborne, Shannek	FR Norfolk State	11.63Q	2.7	2
4	333 McWilliams, Rene	SR South Carolina S	11.66Q	2.4	4
5	9 Tongue, Jessica	FR Bethune-Cookman	11.67q	2.4	4 11.664
6	89 Gillis, Ashley	SR Florida A&M	11.67q	2.4	4 11.669
7	259 Lawson, Krystin	FR N. Carolina A&T	11.67q	2.1	3 11.670
8	61 Franklin, NeKisha	SR Delaware State	11.68q	2.7	2
9	225 Hines, Ashley	JR Morgan State	11.73	2.4	4
10	11 Williams, Nickesha	JR Bethune-Cookman	11.76	2.7	2 11.751
11	130 Richards, Petrice	JR Hampton	11.76	3.4	1 11.757
12	286 Flowers, Tierra	JR Norfolk State	11.77	2.4	4
13	284 Davenport, Portia	JR Norfolk State	11.83	3.4	1

14	330	Gracia, Monique	FR	South Carolina S	11.90	3.4	1
15	334	Mobley, Nicole	JR	South Carolina S	11.97	2.7	2
16	88	Francis, Ann-Marie	JR	Florida A&M	12.01	2.1	3
17	224	Hill, Tendai	JR	Morgan State	12.20	3.4	1
18	252	Carrington, Crysta	SO	N. Carolina A&T	12.22	3.4	1
19	57	Blake, Ashley	JR	Delaware State	12.32	2.4	4
20	36	Sanders, Neicy	SR	Coppin State	12.41	2.1	3
21	226	Johnson, Quawnecia	JR	Morgan State	12.44	2.7	2
22	87	Forbes, Jesseka	SR	Florida A&M	12.46	2.7	2
23	40	Taylor, Shekinah	FR	Coppin State	12.84	2.7	2
24	161	Jackson, Latayvia	JR	Howard	12.91	2.1	3
--	2	Austin, Analisa	SO	Bethune-Cookman	DNF	2.1	3
--	197	Hawkins, Monique	FR	Maryland-Eastern	DNS	3.4	1
--	58	Brown, Kamera	JR	Delaware State	DNS	2.1	3

## Event 17 Women 100 Meter Dash

NCAA D1 Reg: R 11.75

MEAC: \$ 11.45 2000 Shaunta Pelham, Florida A&amp;M

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	61	Franklin, NeKisha	SR Delaware State	11.62R -0.5	10
2	7	Munroe, Dianne	SR Bethune-Cookman	11.64R -0.5	8
3	333	McWilliams, Rene	SR South Carolina S	11.71R -0.5	6
4	134	Vassell, Racquel	SO Hampton	11.72R -0.5	5 11.714
5	9	Tongue, Jessica	FR Bethune-Cookman	11.72R -0.5	4 11.718
6	283	Claiborne, Shannek	FR Norfolk State	11.76 -0.5	3
7	259	Lawson, Krystin	FR N. Carolina A&T	11.77 -0.5	2
8	89	Gillis, Ashley	SR Florida A&M	11.83 -0.5	1

## Event 18 Men 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

NCAA D1 Reg: R 10.55

MEAC: \$ 10.23 1981 William Haynes, Florida A&amp;M

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	275	Newman, Calesio	JR N. Carolina A&T	10.27Q 2.3	1
2	25	Sales, Dante	FR Bethune-Cookman	10.34Q 2.7	4
3	141	Dixon, Reggie	SO Hampton	10.35Q 2.4	2
4	79	Moore, Larrone	JR Delaware State	10.51Q 2.8	3
5	136	Anderson, Aaron	JR Hampton	10.49q 2.7	4
6	211	Gauntlett, Akheem	FR Maryland-Eastern	10.57q 2.4	2
7	105	McKinzie, Carl	JR Florida A&M	10.61q 2.4	2
8	138	Brown, Devon	SO Hampton	10.65q 2.8	3
9	17	Herring, Chris	FR Bethune-Cookman	10.68 2.8	3
10	309	Hill, Trayman	SR Norfolk State	10.71 2.3	1
11	318	Speller, Thomas	FR Norfolk State	10.72 2.8	3 10.712
12	149	Teel, Kevin	SR Hampton	10.72 2.3	1 10.719
13	110	Washington, Joe	FR Florida A&M	10.72 2.7	4 10.720
14	15	Cray, Eric	SO Bethune-Cookman	10.74 2.4	2
15	216	Miles, Damian	FR Maryland-Eastern	10.77 2.3	1 10.768
16	273	Jordan, Akinwole	SO N. Carolina A&T	10.77 2.8	3 10.769
17	106	Scott, Craig	SR Florida A&M	10.87 2.7	4 10.864
18	322	Walker, Quinten	FR Norfolk State	10.87 2.4	2 10.865
19	356	Washington, Darin	FR South Carolina S	10.90 2.7	4 10.898
20	171	Carter, Brandon	SR Howard	10.90 2.3	1 10.899
21	183	Penny, Anthony	JR Howard	10.95 2.4	2
22	101	Carty, Rennie	FR Florida A&M	10.96 2.3	1
23	52	Pinnock, Andre	SO Coppin State	11.01 2.8	3
24	137	Battle, Justin	FR Hampton	11.02 2.8	3
25	48	Jackson, Kevon	JR Coppin State	11.21 2.4	2
26	244	Moore, Aaron	SR Morgan State	11.31 2.4	2
27	208	Alexander, Corey	SO Maryland-Eastern	11.34 2.7	4
28	102	Cook, LaJarvis	SR Florida A&M	11.99 2.8	3
29	355	Stephens, Marcus	FR South Carolina S	12.91 2.3	1

--	249 Whyte, Carbinere	JR Morgan State	DNS	2.3	1
--	186 Small-Warner, Step	SR Howard	DNS	2.7	4
--	242 McLean, Stephen	SO Morgan State	DNS	2.7	4

## Event 18 Men 100 Meter Dash

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NCAA D1 Reg: R 10.55

MEAC: \$ 10.23 1981 William Haynes, Florida A&amp;M

Name	Year	School	Finals	Wind	Points
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## Finals

1	275 Newman, Calesio	JR N. Carolina A&T	10.30	3.2	10	
2	141 Dixon, Reggie	SO Hampton	10.31	3.2	8	
3	79 Moore, Larrone	JR Delaware State	10.39	3.2	6	
4	25 Sales, Dante	FR Bethune-Cookman	10.41	3.2	5	10.402
5	136 Anderson, Aaron	JR Hampton	10.41	3.2	4	10.408
6	105 McKinzie, Carl	JR Florida A&M	10.52	3.2	3	
7	211 Gauntlett, Akheem	FR Maryland-Eastern	10.55	3.2	2	
8	138 Brown, Devon	SO Hampton	10.65	3.2	1	

## Event 19 Women 200 Meter Dash

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8 Advance: Top 1 Each Heat plus Next 4 Best Times

NCAA D1 Reg: R 23.96

MEAC: \$ 23.05 2000 Shaunta Pelham, Florida A&amp;M

Name	Year	School	Prelims	Wind	H#
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## Preliminaries

1	61 Franklin, NeKisha	SR Delaware State	R 23.59Q	1.0	3
2	126 McCorory, Francena	JR Hampton	R 23.68Q	-1.3	2
3	166 McNary, Lauren	SR Howard	23.90Q	2.7	4
4	7 Munroe, Dianne	SR Bethune-Cookman	R 23.92Q	-0.1	1
5	134 Vassell, Racquel	SO Hampton	R 23.82q	1.0	3
6	300 Sanford, Dania	SO Norfolk State	23.99q	2.7	4
7	259 Lawson, Krystin	FR N. Carolina A&T	24.02q	1.0	3
8	89 Gillis, Ashley	SR Florida A&M	24.16q	2.7	4
9	225 Hines, Ashley	JR Morgan State	24.19	-0.1	1
10	284 Davenport, Portia	JR Norfolk State	24.38	-1.3	2
11	293 Kirby, Wanetta	SO Norfolk State	24.40	-0.1	1
12	257 Hunt, Ruth	FR N. Carolina A&T	24.47	2.7	4
13	11 Williams, Nickesha	JR Bethune-Cookman	24.51	-1.3	2
14	130 Richards, Petrice	JR Hampton	24.52	2.7	4
15	334 Mobley, Nicole	JR South Carolina S	24.59	-0.1	1
16	88 Francis, Ann-Marie	JR Florida A&M	24.70	1.0	3
17	66 Kelly, Ayanna	FR Delaware State	24.90	-1.3	2
18	57 Blake, Ashley	JR Delaware State	25.03	2.7	4
19	226 Johnson, Quawnecia	JR Morgan State	25.05	-1.3	2
20	36 Sanders, Neicy	SR Coppin State	25.20	1.0	3
21	335 Moss, Andranette	SO South Carolina S	25.37	-1.3	2
22	34 Leigh, Samantha	SO Coppin State	25.45	-0.1	1
23	252 Carrington, Crysta	SO N. Carolina A&T	25.46	-1.3	2
24	85 Cunningham, LaKend	SR Florida A&M	25.59	-0.1	1
25	338 Scott, Mironda	SR South Carolina S	26.01	1.0	3
26	202 Royster, Talithia	FR Maryland-Eastern	27.36	2.7	4
--	232 Robinson, Jamia	JR Morgan State	DNF	2.7	4
--	2 Austin, Analisa	SO Bethune-Cookman	DNS	1.0	3
--	161 Jackson, Latayvia	JR Howard	DNS	-0.1	1
--	197 Hawkins, Monique	FR Maryland-Eastern	DNS	1.0	3

## Event 19 Women 200 Meter Dash

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NCAA D1 Reg: R 23.96

MEAC: \$ 23.05 2000 Shaunta Pelham, Florida A&amp;M

Name	Year	School	Finals	Wind	Points
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## Finals

1	126 McCorory, Francena	JR Hampton	23.23R	-2.7	10
2	134 Vassell, Racquel	SO Hampton	23.58R	-2.7	8

3	7	Munroe, Dianne	SR Bethune-Cookman	23.62R	-2.7	6
4	61	Franklin, NeKisha	SR Delaware State	23.63R	-2.7	5
5	166	McNary, Lauren	SR Howard	24.04	-2.7	4
6	89	Gillis, Ashley	SR Florida A&M	24.21	-2.7	3
7	300	Sanford, Dania	SO Norfolk State	24.41	-2.7	2
8	259	Lawson, Krystin	FR N. Carolina A&T	24.67	-2.7	1

## Event 20 Men 200 Meter Dash

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 8 Advance: Top 1 Each Heat plus Next 4 Best Times

NCAA D1 Reg: R 21.35

MEAC: \$ 20.00 1978 Rocky Cunningham, South Carolina State

Name Year School Prelims Wind H#

## Preliminaries

1	24	Redhead, Joel	SR Bethune-Cookman	R 20.69Q	-0.4	2
2	79	Moore, Larrone	JR Delaware State	R 20.75Q	1.4	3
3	211	Gauntlett, Akheem	FR Maryland-Eastern	R 20.84Q	-1.1	4
4	141	Dixon, Reggie	SO Hampton	21.13Q	2.4	1
5	275	Newman, Calesio	JR N. Carolina A&T	R 20.94q	-1.1	4
6	318	Speller, Thomas	FR Norfolk State	R 21.01q	-0.4	2
7	25	Sales, Dante	FR Bethune-Cookman	R 21.08q	1.4	3
8	210	Fothergill, Allodi	JR Maryland-Eastern	R 21.09q	1.4	3
9	239	Bowen, Kevin	JR Morgan State	21.16	2.4	1
10	136	Anderson, Aaron	JR Hampton	R 21.30	-1.1	4
11	309	Hill, Trayman	SR Norfolk State	R 21.31	-1.1	4
12	216	Miles, Damian	FR Maryland-Eastern	21.50	2.4	1
13	142	Jones, Brandon	SR Hampton	21.56	1.4	3
14	110	Washington, Joe	FR Florida A&M	21.60	-0.4	2
14	273	Jordan, Akinwale	SO N. Carolina A&T	21.60	1.4	3
16	138	Brown, Devon	SO Hampton	21.61	-0.4	2
17	73	Clarke, Burton	SR Delaware State	21.63	-0.4	2
18	322	Walker, Quinten	FR Norfolk State	21.67	2.4	1
18	17	Herring, Chris	FR Bethune-Cookman	21.67	-1.1	4
20	356	Washington, Darin	FR South Carolina S	21.70	2.4	1
21	182	Odocha, Tochi	SO Howard	21.87	1.4	3
22	74	Davis, Brycen	SO Delaware State	21.89	2.4	1
23	56	Wilson, Jamie	JR Coppin State	21.93	-1.1	4
24	101	Carty, Rennie	FR Florida A&M	21.94	1.4	3
25	241	Higgs, Jordan	FR Morgan State	22.03	1.4	3
25	354	Rackins, Kenneth	SR South Carolina S	22.03	-1.1	4
27	52	Pinnock, Andre	SO Coppin State	22.04	-0.4	2
28	244	Moore, Aaron	SR Morgan State	22.08	-0.4	2
29	55	Whittingham, Winst	JR Coppin State	22.32	2.4	1
30	106	Scott, Craig	SR Florida A&M	22.90	2.4	1
--	183	Penny, Anthony	JR Howard	DNS	-1.1	4
--	171	Carter, Brandon	SR Howard	DNS	-0.4	2

## Event 20 Men 200 Meter Dash

=====  
 NCAA D1 Reg: R 21.35

MEAC: \$ 20.00 1978 Rocky Cunningham, South Carolina State

Name Year School Finals Wind Points

## Finals

1	141	Dixon, Reggie	SO Hampton	20.71R	-1.8	10
2	79	Moore, Larrone	JR Delaware State	20.79R	-1.8	8
3	211	Gauntlett, Akheem	FR Maryland-Eastern	20.99R	-1.8	6
4	275	Newman, Calesio	JR N. Carolina A&T	21.00R	-1.8	5
5	318	Speller, Thomas	FR Norfolk State	21.14R	-1.8	4
6	25	Sales, Dante	FR Bethune-Cookman	21.31R	-1.8	3
7	210	Fothergill, Allodi	JR Maryland-Eastern	21.37	-1.8	2
--	24	Redhead, Joel	SR Bethune-Cookman	DNS	-1.8	

## Event 21 Women 400 Meter Dash

=====  
 8 Advance: Top 1 Each Heat plus Next 4 Best Times

NCAA D1 Reg: R 54.61

MEAC: \$ 51.54 2008

Francena McCorory, Hampton

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	264	Spruiel, Alexander	SR N. Carolina A&T	R 52.98Q 1
2	227	Kendrick, Tanisha	SO Morgan State	R 54.56Q 2
3	126	McCorory, Francena	JR Hampton	54.92Q 4
4	232	Robinson, Jamia	JR Morgan State	56.32Q 3
5	166	McNary, Lauren	SR Howard	54.70q 2
6	233	Sloan, Avionne	SO Morgan State	56.13q 4
7	85	Cunningham, LaKend	SR Florida A&M	56.60q 1
8	256	Gray, Christina	SR N. Carolina A&T	56.72q 3 56.717
9	337	Sampson, Shari	SR South Carolina S	56.72 4 56.718
10	90	Hulse, Jeanette	FR Florida A&M	56.77 3
11	131	Richmond, Leah	SO Hampton	56.96 1
12	98	Wright, Latoya	SO Florida A&M	57.02 4
13	300	Sanford, Dania	SO Norfolk State	57.03 4
14	66	Kelly, Ayanna	FR Delaware State	57.38 1
15	168	Stephens, Brittany	JR Howard	57.41 4
16	325	Allen, Natalee	SR South Carolina S	57.47 2
17	38	Stepney, Quantika	FR Coppin State	57.59 2
18	34	Leigh, Samantha	SO Coppin State	57.89 1
19	260	Mitchell, Carmenta	SR N. Carolina A&T	57.96 2
20	335	Moss, Andranette	SO South Carolina S	58.07 3
21	60	Fan Fan, Tracey	FR Delaware State	58.16 3
22	10	Wilbon, Lashodra	FR Bethune-Cookman	58.90 3
23	62	Harrison, Jessica	SO Delaware State	59.68 2
24	297	Moore, Shaniqua	FR Norfolk State	59.92 3
25	202	Royster, Talithia	FR Maryland-Eastern	1:00.00 2
26	163	King, Azalia	SO Howard	1:00.59 1
--	192	Lendor, Danai	SO Maryland-Eastern	DQ 1 Lane Violation

## Event 21 Women 400 Meter Dash

NCAA D1 Reg: R 54.61

MEAC: \$ 51.54 2008

Francena McCorory, Hampton

Name	Year	School	Finals	Points
=====				
Finals				
1	126	McCorory, Francena	JR Hampton	51.75R 10
2	264	Spruiel, Alexander	SR N. Carolina A&T	51.95R 8
3	166	McNary, Lauren	SR Howard	52.97R 6
4	233	Sloan, Avionne	SO Morgan State	55.64 5
5	227	Kendrick, Tanisha	SO Morgan State	55.80 4
6	85	Cunningham, LaKend	SR Florida A&M	55.81 3
7	256	Gray, Christina	SR N. Carolina A&T	56.43 2
8	232	Robinson, Jamia	JR Morgan State	58.95 1

## Event 22 Men 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

NCAA D1 Reg: R 47.20

MEAC: \$ 45.60 2001

Chris Brown, Norfolk State

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	80	Murray, Leslie	FR Delaware State	R 46.41Q 3
2	210	Fothergill, Allodi	JR Maryland-Eastern	R 46.73Q 1
3	24	Redhead, Joel	SR Bethune-Cookman	R 46.92Q 2
4	213	Keane-Dawes, Thoma	SO Maryland-Eastern	R 47.18Q 4
5	239	Bowen, Kevin	JR Morgan State	R 46.79q 1
6	270	Elliott, Jarrell	FR N. Carolina A&T	47.27q 3
7	73	Clarke, Burton	SR Delaware State	47.42q 2
8	44	Bennett, Teo	FR Coppin State	47.47q 2
9	266	Bouttry, D'Mitri	FR N. Carolina A&T	47.80 2
10	51	Morgan, Carlinton	JR Coppin State	47.83 4
11	175	Harrison, Christop	JR Howard	48.09 4
12	74	Davis, Brycen	SO Delaware State	48.27 4

13	312	Moon, Tyrell	SO Norfolk State	48.42	1
14	354	Rackins, Kenneth	SR South Carolina S	48.43	4
15	241	Higgs, Jordan	FR Morgan State	48.72	2
16	108	Suber, Stanley	SR Florida A&M	48.74	1
17	43	Bell, Jason	JR Coppin State	48.75	1
18	22	Keeling, Marcell	JR Bethune-Cookman	48.91	3
19	20	Jackson, Chris	FR Bethune-Cookman	49.19	4
20	179	LaRoche, Mikael	JR Howard	49.50	3
21	56	Wilson, Jamie	JR Coppin State	49.65	3
22	249	Whyte, Carbinere	JR Morgan State	49.82	3
23	145	Mitchell, Carl	SR Hampton	49.91	3
24	190	Williams, Kimery	SR Howard	50.20	1
25	279	Walters, Renaldo	SO N. Carolina A&T	50.28	1
26	99	Bolden, Ronald	SO Florida A&M	50.83	2
--	212	Jones-Burden, Paul	SO Maryland-Eastern	DQ	2 Lane Violation

## Event 22 Men 400 Meter Dash

=====					
NCAA D1 Reg: R 47.20					
MEAC: \$ 45.60 2001 Chris Brown, Norfolk State					
Name	Year	School	Finals	Points	
=====					
Finals					
1	210	Fothergill, Allodi	JR Maryland-Eastern	46.10R	10
2	239	Bowen, Kevin	JR Morgan State	46.38R	8
3	213	Keane-Dawes, Thoma	SO Maryland-Eastern	46.84R	6
4	270	Elliott, Jarrell	FR N. Carolina A&T	46.98R	5
5	80	Murray, Leslie	FR Delaware State	47.15R	4
6	44	Bennett, Teo	FR Coppin State	47.40	3
7	73	Clarke, Burton	SR Delaware State	48.56	2
--	24	Redhead, Joel	SR Bethune-Cookman	DNS	

## Event 23 Women 100 Meter Hurdles

=====					
8 Advance: Top 1 Each Heat plus Next 5 Best Times					
NCAA D1 Reg: R 13.92					
MEAC: \$ 13.16 2006 Yvette Lewis, Hampton					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	263	Smith, Loreal	SR N. Carolina A&T	\$ 13.14Q	1.4 2
2	156	Buckley, Landria	JR Howard	R 13.48Q	1.8 3
3	4	Burke, Tavia	JR Bethune-Cookman	R 13.67Q	1.1 1
4	134	Vassell, Racquel	SO Hampton	R 13.52q	1.8 3
5	133	Smith, Michelle	SR Hampton	R 13.81q	1.1 1
6	3	Bardge, Crystal	SO Bethune-Cookman	R 13.85q	1.4 2
7	261	Newton, Kendra	SR N. Carolina A&T	R 13.89q	1.1 1
8	164	Lemonious, Alexand	JR Howard	13.96q	1.4 2
9	330	Gracia, Monique	FR South Carolina S	14.04	1.8 3
10	220	Adams, Ashley	SO Morgan State	14.08	1.1 1
11	333	Mcwilliams, Rene	SR South Carolina S	14.27	1.4 2
12	26	Baird, Natoya	SR Coppin State	14.28	1.1 1
13	9	Tongue, Jessica	FR Bethune-Cookman	14.29	1.8 3
14	294	Matthews, Ashantia	FR Norfolk State	14.74	1.4 2
15	169	Wallace, Janelle	SO Howard	14.83	1.1 1
16	262	Reddic, Lydia	SO N. Carolina A&T	14.88	1.8 3
17	331	Jefferson, Brandi	SO South Carolina S	14.94	1.1 1
18	285	Faulkner, Victoria	SR Norfolk State	15.92	1.8 3
--	29	Hall, Deondrea	JR Coppin State	DNS	1.4 2

## Event 23 Women 100 Meter Hurdles

=====					
NCAA D1 Reg: R 13.92					
MEAC: \$ 13.16 2006 Yvette Lewis, Hampton					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	263	Smith, Loreal	SR N. Carolina A&T	13.30	2.4 10

2	4	Burke, Tavia	JR	Bethune-Cookman	13.56	2.4	8
3	156	Buckley, Landria	JR	Howard	13.59	2.4	6
4	134	Vassell, Racquel	SO	Hampton	13.62	2.4	5
5	3	Bardge, Crystal	SO	Bethune-Cookman	13.90	2.4	4
6	261	Newton, Kendra	SR	N. Carolina A&T	14.13	2.4	3
7	133	Smith, Michelle	SR	Hampton	14.14	2.4	2
8	164	Lemonious, Alexand	JR	Howard	14.36	2.4	1

## Event 24 Men 110 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times

NCAA D1 Reg: R 14.30

MEAC: \$ 13.59 2008 Ronnie Ash, Bethune-Cookman

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	13	Ash, Ronnie	SO Bethune-Cookman	R 13.72Q	1.5 1
2	178	Kinney, Daniel	SR Howard	14.08Q	2.1 2
3	152	Walker, Predist	SO Hampton	14.14Q	2.1 2
4	358	Young, Donta	FR South Carolina S	R 14.22Q	1.5 1
5	19	Howard, DJ	FR Bethune-Cookman	14.15Q	2.1 2
6	247	Simpson, Andrew	SR Morgan State	14.45Q	1.5 1
7	105	McKinzie, Carl	JR Florida A&M	14.81q	2.1 2
8	100	Carroll, Demarius	JR Florida A&M	14.85q	1.5 1
9	313	Nkrumah, Keith	FR Norfolk State	14.91	1.5 1
10	188	Tirado, Carnegie	FR Howard	15.07	2.1 2
11	176	Henderson, DeAndre	SO Howard	15.40	1.5 1
12	345	Brown, Leighton	FR South Carolina S	15.74	1.5 1
13	324	Woods, Marlon	JR Norfolk State	16.07	2.1 2
14	344	Bolden, DeAngelo	SO South Carolina S	16.95	2.1 2

## Event 24 Men 110 Meter Hurdles

NCAA D1 Reg: R 14.30

MEAC: \$ 13.59 2008 Ronnie Ash, Bethune-Cookman

Name	Year	School	Finals	Wind	Points
Finals					
1	13	Ash, Ronnie	SO Bethune-Cookman	13.72R	0.3 10
2	178	Kinney, Daniel	SR Howard	14.03R	0.3 8
3	152	Walker, Predist	SO Hampton	14.07R	0.3 6
4	19	Howard, DJ	FR Bethune-Cookman	14.31	0.3 5
5	358	Young, Donta	FR South Carolina S	14.59	0.3 4
6	100	Carroll, Demarius	JR Florida A&M	14.69	0.3 3
7	105	McKinzie, Carl	JR Florida A&M	14.96	0.3 2
--	247	Simpson, Andrew	SR Morgan State	DNS	0.3

## Event 25 Women 400 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 2 Best Times

NCAA D1 Reg: R 1:00.82

MEAC: \$ 57.42 2002 Chloe Davis, Hampton

Name	Year	School	Prelims	H#
Preliminaries				
1	156	Buckley, Landria	JR Howard	R 59.30Q 1
2	298	Pickett, Allyssa	JR Norfolk State	R 1:00.71Q 2
3	98	Wright, Latoya	SO Florida A&M	1:01.72Q 3
4	263	Smith, Loreal	SR N. Carolina A&T	R 1:00.08Q 1
5	3	Bardge, Crystal	SO Bethune-Cookman	1:02.18Q 2
6	234	Smalls, Kanice	FR Morgan State	1:02.20Q 3
7	192	Lendor, Danai	SO Maryland-Eastern	1:03.17q 1
8	123	Harris, Margaret	SO Hampton	1:03.55q 2
9	251	Cadlett, Janee	JR N. Carolina A&T	1:04.31 3
10	119	Calder, Claudia	FR Hampton	1:05.70 3
11	95	Shields, Helena	FR Florida A&M	1:06.23 2
12	329	Govirk, Elizabeth	SR South Carolina S	1:06.41 2
13	220	Adams, Ashley	SO Morgan State	1:06.49 2

14	69 Sewell, Nykeisha	SO Delaware State	1:06.83	1
15	331 Jefferson, Brandi	SO South Carolina S	1:06.85	1
16	222 Campbell, Lauren	FR Morgan State	1:08.49	1
17	33 Lane, Brandi	JR Coppin State	1:08.82	1
18	157 Daniels, Lillian	SR Howard	1:09.53	2
19	28 Glenn, Trave	FR Coppin State	1:12.47	3
20	169 Wallace, Janelle	SO Howard	1:24.05	3
--	341 Vance, Tempest	JR South Carolina S	DNS	3

## Event 25 Women 400 Meter Hurdles

=====				
NCAA D1 Reg: R 1:00.82				
MEAC: \$ 57.42 2002 Chloe Davis, Hampton				
Name	Year	School	Finals	Points
=====				
Finals				
1	156 Buckley, Landria	JR Howard	58.22R	10
2	263 Smith, Loreal	SR N. Carolina A&T	58.70R	8
3	98 Wright, Latoya	SO Florida A&M	58.96R	6
4	298 Pickett, Allyssa	JR Norfolk State	59.14R	5
5	3 Bardge, Crystal	SO Bethune-Cookman	59.36R	4
6	192 Lendor, Danai	SO Maryland-Eastern	1:01.64	3
7	123 Harris, Margaret	SO Hampton	1:01.65	2
8	234 Smalls, Kamice	FR Morgan State	1:03.60	1

## Event 26 Men 400 Meter Hurdles

=====				
8 Advance: Top 2 Each Heat plus Next 2 Best Times				
NCAA D1 Reg: R 52.51				
MEAC: \$ 50.31 1989 John Branch, Howard				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	15 Cray, Eric	SO Bethune-Cookman	R 52.41Q	2
2	278 Smith, Gordon	SR N. Carolina A&T	52.55Q	3
3	80 Murray, Leslie	FR Delaware State	52.76Q	1
4	178 Kinney, Daniel	SR Howard	52.56Q	3
5	151 Tondereau, Alvin	SR Hampton	53.39Q	1
6	358 Young, Donta	FR South Carolina S	53.57Q	2
7	311 Marrow, Sherrod	FR Norfolk State	53.44q	1
8	357 Williams, Marvin	JR South Carolina S	54.67q	3
9	77 Laws, Alan	SO Delaware State	54.78	3
10	180 McAlister, Tory	FR Howard	54.97	2
11	176 Henderson, DeAndre	SO Howard	55.82	2
12	323 Whitties, Meredith	JR Norfolk State	55.90	3
13	50 Mills, Darron	SR Coppin State	56.11	2
14	344 Bolden, DeAngelo	SO South Carolina S	57.09	1
15	212 Jones-Burden, Paul	SO Maryland-Eastern	59.09	3
16	100 Carroll, Demarius	JR Florida A&M	59.23	3
17	208 Alexander, Corey	SO Maryland-Eastern	1:08.57	1
--	47 Edwards, Audbrey	JR Coppin State	FS	1
--	313 Nkrumah, Keith	FR Norfolk State	DQ	2
--	247 Simpson, Andrew	SR Morgan State	DNS	2
--	242 McLean, Stephen	SO Morgan State	DNS	1

## Event 26 Men 400 Meter Hurdles

=====				
NCAA D1 Reg: R 52.51				
MEAC: \$ 50.31 1989 John Branch, Howard				
Name	Year	School	Finals	Points
=====				
Finals				
1	80 Murray, Leslie	FR Delaware State	50.54R	10
2	178 Kinney, Daniel	SR Howard	51.57R	8
3	278 Smith, Gordon	SR N. Carolina A&T	51.67R	6
4	15 Cray, Eric	SO Bethune-Cookman	51.80R	5
5	358 Young, Donta	FR South Carolina S	53.04	4
6	151 Tondereau, Alvin	SR Hampton	53.48	3

7	357 Williams, Marvin	JR South Carolina S	54.23	2
8	311 Marrow, Sherrod	FR Norfolk State	55.68	1

## Event 27 Women 4x100 Meter Relay

```

=====
NCAA D1 Reg: R 45.70
MEAC: $ 44.97 2007 Hampton, Hampton
School Finals H# Points
=====
1 Bethune-Cookman 45.05R 2 10
  1) 4 Burke, Tavia JR 2) 7 Munroe, Dianne SR
  3) 11 Williams, Nickesha JR 4) 9 Tongue, Jessica FR
2 Norfolk State 45.10R 2 8
  1) 286 Flowers, Tierra JR 2) 293 Kirby, Wanetta SO
  3) 284 Davenport, Portia JR 4) 283 Claiborne, Shanneka FR
3 N. Carolina A&T 45.34R 2 6
  1) 252 Carrington, Crystal SO 2) 259 Lawson, Krystin FR
  3) 263 Smith, Loreal SR 4) 264 Spruiel, Alexandria SR
4 Hampton 45.60R 2 5
  1) 126 McCorory, Francena JR 2) 134 Vassell, Racquel SO
  3) 130 Richards, Petrice JR 4) 122 Glenn, Septima SR
5 South Carolina St. 46.14 2 4
  1) 337 Sampson, Shari SR 2) 334 Mobley, Nicole JR
  3) 333 McWilliams, Rene SR 4) 330 Gracia, Monique FR
6 Florida A&M 46.22 2 3
  1) 88 Francis, Ann-Marie JR 2) 89 Gillis, Ashley SR
  3) 85 Cunningham, LaKendra SR 4) 98 Wright, Latoya SO
7 Delaware State 46.24 1 2
  1) 60 Fan Fan, Tracey FR 2) 61 Franklin, NeKisha SR
  3) 66 Kelly, Ayanna FR 4) 57 Blake, Ashley JR
8 Morgan State 47.13 2 1
  1) 234 Smalls, Kamice FR 2) 224 Hill, Tendai JR
  3) 225 Hines, Ashley JR 4) 227 Kendrick, Tanisha SO
9 Howard 47.89 1
  1) 164 Lemonious, Alexandria JR 2) 156 Buckley, Landria JR
  3) 168 Stephens, Brittany JR 4) 166 McNary, Lauren SR
-- Coppin State DNF 1
  1) 26 Baird, Natoya SR 2) 34 Leigh, Samantha SO
  3) 40 Taylor, Shekinah FR 4) 36 Sanders, Neicy SR

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## Event 28 Men 4x100 Meter Relay

```

=====
NCAA D1 Reg: R 40.66
MEAC: $ 39.81 2004 Florida A&M, Florida A&M
J. Amune, B. Mobley, B. Perriman, F. Robinson
School Finals H# Points
=====
1 Bethune-Cookman 39.97R 2 10
  1) 25 Sales, Dante FR 2) 17 Herring, Chris FR
  3) 15 Cray, Eric SO 4) 13 Ash, Ronnie SO
2 Hampton 40.01R 2 8
  1) 138 Brown, Devon SO 2) 141 Dixon, Reggie SO
  3) 136 Anderson, Aaron JR 4) 149 Teel, Kevin SR
3 Maryland-Eastern Shore 40.33R 2 6
  1) 213 Keane-Dawes, Thomas SO 2) 210 Fothergill, Allodin JR
  3) 216 Miles, Damian FR 4) 211 Gauntlett, Akheem FR
4 Norfolk State 40.68 2 5
  1) 318 Speller, Thomas FR 2) 309 Hill, Trayman SR
  3) 322 Walker, Quinten FR 4) 324 Woods, Marlon JR
5 Coppin State 41.28 2 4
  1) 44 Bennett, Teo FR 2) 52 Pinnock, Andre SO
  3) 51 Morgan, Carlinton JR 4) 48 Jackson, Kevon JR
6 Florida A&M 41.47 1 3
  1) 110 Washington, Joe FR 2) 106 Scott, Craig SR
  3) 101 Carty, Rennie FR 4) 105 McKinzie, Carl JR
7 Morgan State 41.57 2 2
  1) 244 Moore, Aaron SR 2) 239 Bowen, Kevin JR
  3) 241 Higgs, Jordan FR 4) 246 Richardson, Isaac SO

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8 Delaware State	41.81	2	1
1) 75 Easton, Andre SR			
3) 79 Moore, Larrone JR			
2) 74 Davis, Brycen SO			
4) 81 Sivels, Darius FR			
9 South Carolina St.	41.95	1	
1) 358 Young, Donta FR			
3) 354 Rackins, Kenneth SR			
2) 356 Washington, Darin FR			
4) 357 Williams, Marvin JR			
10 Howard	42.39	1	
1) 175 Harrison, Christopher JR			
3) 179 LaRoche, Mikael JR			
2) 182 Odocha, Tochi SO			
4) 188 Tirado, Carnegie FR			

## Event 29 Women 4x400 Meter Relay

=====			
NCAA D1 Reg: R 3:42.00			
MEAC: \$ 3:36.83 2006 North Carolina A&T, North Carolina A&T			
C. Mitchell, A. Spruiel, P. Blackmon, C. Clark			
School		Finals	H# Points
=====			
1 Howard	3:41.13R	2	10
1) 166 McNary, Lauren SR			
3) 156 Buckley, Landria JR			
2) 168 Stephens, Brittany JR			
4) 158 Hardy, Jami FR			
2 N. Carolina A&T	3:41.96R	2	8
1) 263 Smith, Loreal SR			
3) 260 Mitchell, Carmenta SR			
2) 264 Spruiel, Alexandria SR			
4) 256 Gray, Christina SR			
3 Norfolk State	3:43.00	1	6
1) 298 Pickett, Allyssa JR			
3) 284 Davenport, Portia JR			
2) 300 Sanford, Dania SO			
4) 293 Kirby, Wanetta SO			
4 Hampton	3:43.27	2	5
1) 126 McCorory, Francena JR			
3) 121 Flood, Starema SR			
2) 134 Vassell, Racquel SO			
4) 123 Harris, Margaret SO			
5 Maryland-Eastern Shore	3:45.87	2	4
1) 205 Whyte, Celia SR			
3) 201 Jones, Eunice FR			
2) 192 Lendor, Danai SO			
4) 193 Anais, Cynthia FR			
6 Florida A&M	3:46.74	2	3
1) 90 Hulse, Jeanette FR			
3) 89 Gillis, Ashley SR			
2) 98 Wright, Latoya SO			
4) 85 Cunningham, LaKendra SR			
7 South Carolina St.	3:47.54	2	2
1) 325 Allen, Natalee SR			
3) 337 Sampson, Shari SR			
2) 335 Moss, Andranette SO			
4) 329 Govirk, Elizabeth SR			
8 Delaware State	3:48.36	1	1
1) 60 Fan Fan, Tracey FR			
3) 62 Harrison, Jessica SO			
2) 61 Franklin, NeKisha SR			
4) 66 Kelly, Ayanna FR			
9 Coppin State	3:55.21	1	
1) 38 Stepney, Quantika FR			
3) 28 Glenn, Trave FR			
2) 34 Leigh, Samantha SO			
4) 36 Sanders, Neicy SR			
-- Bethune-Cookman	DNS	2	
1) 2 Austin, Analisa SO			
3) 3 Bardge, Crystal SO			
2) 7 Munroe, Dianne SR			
4) 10 Wilbon, Lashodra FR			
-- Morgan State	DNS	2	
1) 227 Kendrick, Tanisha SO			
3) 233 Sloan, Avionne SO			
2) 232 Robinson, Jamia JR			
4) 226 Johnson, Quawnecia JR			

## Event 30 Men 4x400 Meter Relay

=====			
NCAA D1 Reg: R 3:10.00			
MEAC: \$ 3:07.30 1981 South Carolina State, South Carolina State			
W. Jackson, T. Boyd, J. Hinson, R. Cunningham			
School		Finals	H# Points
=====			
1 Maryland-Eastern Shore	3:07.83R	2	10
1) 213 Keane-Dawes, Thomas SO			
3) 211 Gauntlett, Akheem FR			
2) 210 Fothergill, Allodin JR			
4) 212 Jones-Burden, Paul SO			
2 N. Carolina A&T	3:08.21R	2	8
1) 273 Jordan, Akinwole SO			
3) 270 Elliott, Jarrell FR			
2) 266 Bouttry, D'Mitri FR			
4) 278 Smith, Gordon SR			
3 Coppin State	3:08.32R	2	6
1) 51 Morgan, Carlinton JR			
3) 56 Wilson, Jamie JR			
2) 44 Bennett, Teo FR			
4) 42 Archer, Jansen SR			
4 Delaware State	3:09.04R	2	5

1) 80 Murray, Leslie FR	2) 76 Holmes, Donte SO			
3) 79 Moore, Larrone JR	4) 83 Thibou, Kelli FR			
5 Howard		3:11.43	2	4
1) 175 Harrison, Christopher JR	2) 191 Williams, Richard JR			
3) 179 LaRoche, Mikael JR	4) 178 Kinney, Daniel SR			
6 Morgan State		3:11.63	2	3
1) 241 Higgs, Jordan FR	2) 239 Bowen, Kevin JR			
3) 246 Richardson, Isaac SO	4) 244 Moore, Aaron SR			
7 Hampton		3:12.58	1	2
1) 138 Brown, Devon SO	2) 145 Mitchell, Carl SR			
3) 144 Lynch, Brandon SR	4) 142 Jones, Brandon SR			
8 Norfolk State		3:13.13	1	1
1) 312 Moon, Tyrell SO	2) 313 Nkrumah, Keith FR			
3) 318 Speller, Thomas FR	4) 310 Luka, Dominic SR			
9 Bethune-Cookman		3:13.80	2	
1) 16 Douglas-Davis, Demetrius FR	2) 22 Keeling, Marcell JR			
3) 20 Jackson, Chris FR	4) 18 Horton, Robert FR			
10 Florida A&M		3:14.49	1	
1) 103 Lee, Daquam SO	2) 99 Bolden, Ronald SO			
3) 101 Carty, Rennie FR	4) 108 Suber, Stanley SR			
11 South Carolina St.		3:16.23	2	
1) 354 Rackins, Kenneth SR	2) 356 Washington, Darin FR			
3) 357 Williams, Marvin JR	4) 358 Young, Donta FR			

## Event 31 Women 800 Meter Run

=====  
 8 Advance: Top 2 Each Heat plus Next 2 Best Times

NCAA D1 Reg: R 2:09.80

MEAC: \$ 2:08.56 1992 Diana Pitts, Coppin State

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	193	Anais, Cynthia FR Maryland-Eastern	2:11.44Q	3
2	200	James, Merrecia SR Maryland-Eastern	2:12.29Q	1
3	201	Jones, Eunice FR Maryland-Eastern	2:15.47Q	2
4	158	Hardy, Jami FR Howard	2:12.04Q	3
5	5	Condell, Alexandri JR Bethune-Cookman	2:12.92Q	1
6	205	Whyte, Celia SR Maryland-Eastern	2:16.05Q	2
7	159	Hodges, Ashley SO Howard	2:12.98q	1
8	121	Flood, Starema SR Hampton	2:13.73q	1
9	38	Stepney, Quantika FR Coppin State	2:16.38	3
10	129	Morris, Janean JR Hampton	2:18.59	2
11	91	Listhrop, Nichola SO Florida A&M	2:18.77	3
12	124	Jones, Kenya JR Hampton	2:21.82	3
13	62	Harrison, Jessica SO Delaware State	2:21.87	3
14	95	Shields, Helena FR Florida A&M	2:23.26	1
15	332	Lawson, Lauren SR South Carolina S	2:24.57	2
16	27	Duncan, Latasha FR Coppin State	2:25.57	2
17	65	Jones, Alisha FR Delaware State	2:26.22	1
18	342	Williams, Amber FR South Carolina S	2:29.38	1
19	326	Daniley, Patrecia FR South Carolina S	2:32.72	3
20	92	Morgan, Philicia SO Florida A&M	2:35.82	2
21	170	Woodruff, Amelia FR Howard	2:49.67	2
--	229	Oliver, Tyshia FR Morgan State	DNS	1
--	235	Vargas, Adrianna SR Morgan State	DNS	3
--	228	McCollum, Vivian JR Morgan State	DNS	2

## Event 31 Women 800 Meter Run

=====  
 NCAA D1 Reg: R 2:09.80

MEAC: \$ 2:08.56 1992 Diana Pitts, Coppin State

Name	Year	School	Finals	Points
=====				
Finals				
1	193	Anais, Cynthia FR Maryland-Eastern	2:10.10	10
2	201	Jones, Eunice FR Maryland-Eastern	2:10.41	8
3	205	Whyte, Celia SR Maryland-Eastern	2:10.76	6
4	200	James, Merrecia SR Maryland-Eastern	2:11.11	5

5	158	Hardy, Jami	FR Howard	2:11.29	4
6	121	Flood, Starema	SR Hampton	2:16.71	3
7	159	Hodges, Ashley	SO Howard	2:17.13	2
8	5	Condell, Alexandri	JR Bethune-Cookman	2:20.83	1

## Event 32 Men 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

NCAA D1 Reg: R 1:50.40

MEAC: \$ 1:49.41 2003 Damion Drummond, Maryland Eastern Shore

Name	Year	School	Prelims	H#
------	------	--------	---------	----

## Preliminaries

1	76	Holmes, Donte	SO Delaware State	1:51.22Q	1
2	46	Dunn, Dale	SO Coppin State	1:52.22Q	3
3	191	Williams, Richard	JR Howard	1:53.98Q	2
4	42	Archer, Jansen	SR Coppin State	1:51.34Q	1
5	83	Thibou, Kelli	FR Delaware State	1:52.38Q	3
6	103	Lee, Daquam	SO Florida A&M	1:53.99Q	2
7	53	Smith, Kayon	JR Coppin State	1:52.76q	3
8	14	Cosby, William	FR Bethune-Cookman	1:53.63q	3
9	268	Burnette, Rashad	SR N. Carolina A&T	1:53.87	3
10	144	Lynch, Brandon	SR Hampton	1:53.88	1
11	45	Coleman, Julius	JR Coppin State	1:54.00	2
12	187	Spivey, Lavernon	SR Howard	1:55.97	1
13	172	Franklin, Jerod	SO Howard	1:56.43	3
14	139	Cross, Yaphet	SR Hampton	1:56.48	3
15	269	Cephas, Danzeto	FR N. Carolina A&T	1:56.59	2
16	75	Easton, Andre	SR Delaware State	1:57.86	2
17	243	Mesta, Nathan	FR Morgan State	1:58.91	2
18	272	Jett, Travanni	SR N. Carolina A&T	2:00.07	1
19	246	Richardson, Isaac	SO Morgan State	2:03.25	1
20	150	Thompson, Bruce	FR Hampton	2:03.61	2
21	22	Keeling, Marcell	JR Bethune-Cookman	2:06.03	1
22	351	Green, Quinton	FR South Carolina S	2:10.68	3
23	343	Axson, Dashan	SO South Carolina S	2:15.39	2

## Event 32 Men 800 Meter Run

NCAA D1 Reg: R 1:50.40

MEAC: \$ 1:49.41 2003 Damion Drummond, Maryland Eastern Shore

Name	Year	School	Finals	Points
------	------	--------	--------	--------

## Finals

1	76	Holmes, Donte	SO Delaware State	1:51.13	10
2	53	Smith, Kayon	JR Coppin State	1:51.15	8
3	46	Dunn, Dale	SO Coppin State	1:51.29	6
4	42	Archer, Jansen	SR Coppin State	1:51.97	5
5	103	Lee, Daquam	SO Florida A&M	1:52.19	4
6	191	Williams, Richard	JR Howard	1:53.12	3
7	83	Thibou, Kelli	FR Delaware State	1:54.69	2
8	14	Cosby, William	FR Bethune-Cookman	1:55.49	1

## Event 33 Women 1500 Meter Run

NCAA D1 Reg: R 4:27.80

MEAC: \$ 4:35.19 1993 Diana Pitts, Coppin State

Name	Year	School	Finals	Points
------	------	--------	--------	--------

1	200	James, Merrecia	SR Maryland-Eastern	4:38.99	10
2	159	Hodges, Ashley	SO Howard	4:39.15	8
3	205	Whyte, Celia	SR Maryland-Eastern	4:41.10	6
4	201	Jones, Eunice	FR Maryland-Eastern	4:44.18	5
5	128	Medlin, Krystle	SR Hampton	4:45.18	4
6	193	Anais, Cynthia	FR Maryland-Eastern	4:45.22	3
7	5	Condell, Alexandri	JR Bethune-Cookman	4:47.56	2
8	203	Thomas, Tamica	JR Maryland-Eastern	4:50.66	1
9	340	Stewart, Brittney	FR South Carolina S	4:52.65	

10	91	Listhrop, Nichola	SO Florida A&M	4:55.47
11	39	Tanui, Naomi	SR Coppin State	5:01.60
12	94	Ransom, Kelle	SO Florida A&M	5:02.47
13	326	Daniley, Patrecia	FR South Carolina S	5:02.54
14	68	Ross, Mallory	SR Delaware State	5:02.75
15	132	Smith, Jahllisa	SO Hampton	5:08.96
16	124	Jones, Kenya	JR Hampton	5:10.79
17	27	Duncan, Latasha	FR Coppin State	5:12.29
18	342	Williams, Amber	FR South Carolina S	5:15.57
19	287	Gee, Syeeda	FR Norfolk State	5:16.91
20	290	Hutto, Jamia	FR Norfolk State	5:17.49
21	65	Jones, Alisha	FR Delaware State	5:17.81
22	31	Kelly, Juashanna	FR Coppin State	5:20.32
23	129	Morris, Janean	JR Hampton	5:34.32
--	282	Chichester, Jennif	SO Norfolk State	DNF
--	167	Myles, Tamila	SO Howard	DNF
--	160	Jackson, Brittany	SO Howard	DNS
--	235	Vargas, Adrianna	SR Morgan State	DNS
--	228	McCollum, Vivian	JR Morgan State	DNS

## Event 34 Men 1500 Meter Run

NCAA D1 Reg: R 3:47.80

MEAC: \$ 3:45.76 1981 Al Williams, Florida A&amp;M

Name	Year	School	Finals	Points
1	240	David, Justus	FR Morgan State	3:53.25 10
2	143	Kamani, David	JR Hampton	3:59.51 8
3	310	Luka, Dominic	SR Norfolk State	4:01.33 6
4	319	Tessema, Josef	SO Norfolk State	4:01.97 5
5	45	Coleman, Julius	JR Coppin State	4:03.12 4
6	359	Liggins, Steve	N. Carolina A&T	4:05.35 3
7	246	Richardson, Isaac	SO Morgan State	4:07.85 2
8	215	Maritim, Shadrack	FR Maryland-Eastern	4:09.90 1
9	218	Sang, Peter	JR Maryland-Eastern	4:10.95
10	185	Sanders, Thurman	JR Howard	4:12.42
11	150	Thompson, Bruce	FR Hampton	4:18.15
12	214	Kiprotich, Amon	SO Maryland-Eastern	4:20.60
13	243	Mesta, Nathan	FR Morgan State	4:21.08
14	53	Smith, Kayon	JR Coppin State	4:22.55
15	113	Williams, Paul	FR Florida A&M	4:22.63
16	353	Kurgatt, Charles	FR South Carolina S	4:24.83
17	46	Dunn, Dale	SO Coppin State	4:28.78
18	181	Nelson, Rashard	JR Howard	4:41.84

## Event 35 Women 5000 Meter Run

NCAA D1 Reg: R 16:52.00

MEAC: \$ 17:41.41 2007 Merrecia James, Maryland Eastern Shore

Name	Year	School	Finals	Points
1	128	Medlin, Krystle	SR Hampton	18:15.21 10
2	39	Tanui, Naomi	SR Coppin State	18:19.94 8
3	340	Stewart, Brittney	FR South Carolina S	18:29.70 6
4	200	James, Merrecia	SR Maryland-Eastern	18:50.31 5
5	203	Thomas, Tamica	JR Maryland-Eastern	18:53.17 4
6	201	Jones, Eunice	FR Maryland-Eastern	19:10.57 3
7	132	Smith, Jahllisa	SO Hampton	19:15.64 2
8	68	Ross, Mallory	SR Delaware State	19:18.62 1
9	295	Miles, Tia	JR Norfolk State	20:09.84
10	27	Duncan, Latasha	FR Coppin State	20:42.81
11	290	Hutto, Jamia	FR Norfolk State	20:46.90
12	124	Jones, Kenya	JR Hampton	21:04.50
13	117	Branch, Jasmin	SO Hampton	21:24.01
14	282	Chichester, Jennif	SO Norfolk State	21:37.64
15	31	Kelly, Juashanna	FR Coppin State	22:02.30
16	94	Ransom, Kelle	SO Florida A&M	22:29.48

## Event 36 Men 5000 Meter Run

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=====
NCAA D1 Reg: R 14:12.00
MEAC: $ 14:53.30 2008 Amon Kiprotich, Maryland Eastern Shore
Name Year School Finals Points
=====
1 240 David, Justus FR Morgan State 15:06.92 10
2 143 Kamani, David JR Hampton 15:20.05 8
3 218 Sang, Peter JR Maryland-Eastern 15:32.93 6
4 214 Kiprotich, Amon SO Maryland-Eastern 15:38.55 5
5 114 Winters, Shuaib FR Florida A&M 15:38.65 4
6 310 Luka, Dominic SR Norfolk State 15:43.79 3
7 146 Nero, Sandino JR Hampton 15:48.18 2
8 319 Tessema, Josef SO Norfolk State 15:57.05 1
9 317 Simo, Jonathan JR Norfolk State 16:11.52
10 215 Maritim, Shadrack FR Maryland-Eastern 16:31.93
11 350 Gould, Mason FR South Carolina S 17:13.27
12 189 Williams, Andre SR Howard 18:03.27
13 353 Kurgatt, Charles FR South Carolina S 18:18.68
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## Event 37 Women 3000 Meter Steeplechase

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=====
NCAA D1 Reg: R 10:50.25
Name Year School Finals Points
=====
1 128 Medlin, Krystle SR Hampton 11:29.75 10
2 200 James, Merrecia SR Maryland-Eastern 11:40.59 8
3 340 Stewart, Brittney FR South Carolina S 11:44.20 6
4 203 Thomas, Tamica JR Maryland-Eastern 11:57.69 5
5 167 Myles, Tamila SO Howard 12:37.23 4
6 326 Daniley, Patrecia FR South Carolina S 12:37.79 3
7 27 Duncan, Latasha FR Coppin State 12:38.91 2
8 295 Miles, Tia JR Norfolk State 12:42.11 1
9 231 Richardson, Shalee SR Morgan State 13:01.81
10 31 Kelly, Juashanna FR Coppin State 13:18.35
11 342 Williams, Amber FR South Carolina S 13:25.63
-- 132 Smith, Jahlisa SO Hampton DNF
-- 69 Sewell, Nykeisha SO Delaware State DNF
-- 287 Gee, Syeeda FR Norfolk State DQ Ran inside lane 1
-- 282 Chichester, Jennif SO Norfolk State DNS
=====

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## Event 38 Men 3000 Meter Steeplechase

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=====
NCAA D1 Reg: R 9:07.00
MEAC: $ 9:20.07 2008 Peter Sang, Maryland Eastern Shore
Name Year School Finals Points
=====
1 218 Sang, Peter JR Maryland-Eastern 9:34.06 10
2 143 Kamani, David JR Hampton 9:49.20 8
3 317 Simo, Jonathan JR Norfolk State 9:50.29 6
4 214 Kiprotich, Amon SO Maryland-Eastern 9:53.74 5
5 185 Sanders, Thurman JR Howard 10:03.12 4
6 78 Mcdonald, Andre JR Delaware State 10:07.72 3
7 243 Mesta, Nathan FR Morgan State 10:11.65 2
8 146 Nero, Sandino JR Hampton 10:20.76 1
9 215 Maritim, Shadrack FR Maryland-Eastern 10:29.27
10 174 Gallion, Michael SO Howard 10:56.91
11 353 Kurgatt, Charles FR South Carolina S 11:27.22
12 350 Gould, Mason FR South Carolina S 11:30.24
13 173 Frost, Kendall JR Howard 12:33.13
-- 150 Thompson, Bruce FR Hampton DNS
-- 304 Cheruiyot, Hillary SR Norfolk State DNS
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## Event 39 Women Heptathlon

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=====
MEAC: $ 4963 2003 Robin McClain, Morgan State University
NCAA Auto: A 5500
NCAA Prov: P 5050
=====

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Name	Year	School	Finals	Points
1	26	Baird, Natoya	SR Coppin State	4956 10
2	285	Faulkner, Victoria	SR Norfolk State	4721 8
3	291	Jenkins, Tanisha	SO Norfolk State	4563 6
4	294	Matthews, Ashantia	FR Norfolk State	4290 5
5	120	Fair, Ermesha	FR Hampton	3984 4
6	64	Johnson, Kristen	FR Delaware State	3962 3
7	69	Sewell, Nykeisha	SO Delaware State	3961 2
8	220	Adams, Ashley	SO Morgan State	3942 1
9	118	Briggs, Deshana	FR Hampton	3879
10	331	Jefferson, Brandi	SO South Carolina S	3568

## Event 39 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points	
1	26	Baird, Natoya	SR Coppin State	14.22	-0.5	3	947
2	285	Faulkner, Victoria	SR Norfolk State	14.47	-0.5	3	913
3	341	Vance, Tempest	JR South Carolina S	14.55	-1.4	4	902
4	220	Adams, Ashley	SO Morgan State	14.57	-0.8	1	899
5	294	Matthews, Ashantia	FR Norfolk State	14.59	-1.4	4	897
6	291	Jenkins, Tanisha	SO Norfolk State	15.36	-1.4	4	795
7	331	Jefferson, Brandi	SO South Carolina S	15.42	-1.1	2	787
8	64	Johnson, Kristen	FR Delaware State	15.83	-1.4	4	735
9	120	Fair, Ermesha	FR Hampton	16.50	-0.8	1	654
10	118	Briggs, Deshana	FR Hampton	16.81	-1.1	2	618
11	69	Sewell, Nykeisha	SO Delaware State	16.84	-0.5	3	615
12	327	Foster, Kristi	SR South Carolina S	17.38	-0.8	1	554
--	29	Hall, Deondrea	JR Coppin State	DNS	-1.1	2	

## Event 39 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points														
1	26	Baird, Natoya	SR Coppin State	1.70m 5-07.00 855														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73
	P	P	P	P	P	P	P	P	P	P	P	O	O	O	O	XO	O	XXX
2	118	Briggs, Deshana	FR Hampton	1.67m 5-05.75 818														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	
	P	P	P	P	P	P	P	P	P	P	P	O	O	XO	O	XXO	XXX	
2	64	Johnson, Kristen	FR Delaware State	1.67m 5-05.75 818														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	
	P	P	P	P	P	P	P	O	O	O	O	O	O	O	XXO	O	XXX	
4	69	Sewell, Nykeisha	SO Delaware State	1.58m 5-02.25 712														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61				
	P	P	P	XO	O	O	O	O	XO	O	XXO	XXO	XO	XXX				
5	291	Jenkins, Tanisha	SO Norfolk State	1.52m 4-11.75 644														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55						
	P	P	P	P	P	P	P	O	O	O	O	XXX						
5	341	Vance, Tempest	JR South Carolina S	1.52m 4-11.75 644														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55						
	P	P	P	O	O	O	O	O	O	XXO	XO	XXX						
7	220	Adams, Ashley	SO Morgan State	1.49m 4-10.50 610														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52							
	P	P	P	P	P	P	P	P	O	O	XXX							
8	294	Matthews, Ashantia	FR Norfolk State	1.46m 4-09.50 577														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49								
	P	P	P	O	O	O	O	O	XO	XXX								
8	285	Faulkner, Victoria	SR Norfolk State	1.46m 4-09.50 577														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49								
	P	P	P	P	P	O	O	O	O	XXX								
10	331	Jefferson, Brandi	SO South Carolina S	1.43m 4-08.25 544														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46									
	O	P	O	O	O	XO	O	XXO	XXX									
10	120	Fair, Ermesha	FR Hampton	1.43m 4-08.25 544														
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46									
	P	P	P	P	P	O	XO	O	XXX									

12	327 Foster, Kristi	SR South Carolina S	1.40m	4-07.00	512
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	P P P XO O O XO XXX				
--	29 Hall, Deondrea	JR Coppin State	DNS		

## Event 39 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 285 Faulkner, Victoria	SR Norfolk State	12.91m 42-04.25	721
12.34m 12.26m 12.91m			
2 291 Jenkins, Tanisha	SO Norfolk State	10.84m 35-06.75	585
FOUL 10.84m 9.47m			
3 341 Vance, Tempest	JR South Carolina S	10.82m 35-06.00	583
9.55m 10.82m 10.50m			
4 294 Matthews, Ashantia	FR Norfolk State	10.52m 34-06.25	564
9.01m FOUL 10.52m			
5 120 Fair, Ermesha	FR Hampton	10.43m 34-02.75	558
10.15m 10.43m 10.39m			
6 220 Adams, Ashley	SO Morgan State	10.27m 33-08.50	547
8.93m 9.39m 10.27m			
7 26 Baird, Natoya	SR Coppin State	9.86m 32-04.25	520
9.58m 9.48m 9.86m			
8 327 Foster, Kristi	SR South Carolina S	8.27m 27-01.75	417
7.51m 7.73m 8.27m			
9 118 Briggs, Deshana	FR Hampton	8.19m 26-10.50	412
7.65m 7.91m 8.19m			
10 331 Jefferson, Brandi	SO South Carolina S	7.35m 24-01.50	357
FOUL 7.35m 6.68m			
11 64 Johnson, Kristen	FR Delaware State	7.32m 24-00.25	356
6.68m 7.17m 7.32m			
12 69 Sewell, Nykeisha	SO Delaware State	6.99m 22-11.25	334
6.56m 6.99m 6.62m			
-- 29 Hall, Deondrea	JR Coppin State	DNS	

## Event 39 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind H#	Points
1 220 Adams, Ashley	SO Morgan State	25.54 -0.3 2	838	
2 294 Matthews, Ashantia	FR Norfolk State	25.77 -0.3 2	817	
3 26 Baird, Natoya	SR Coppin State	25.96 -0.3 2	801	
4 285 Faulkner, Victoria	SR Norfolk State	26.16 -0.3 2	783	
5 291 Jenkins, Tanisha	SO Norfolk State	26.21 -0.3 2	779	
6 69 Sewell, Nykeisha	SO Delaware State	27.03 -1.4 1	709	
7 64 Johnson, Kristen	FR Delaware State	27.60 -1.4 1	663	
8 118 Briggs, Deshana	FR Hampton	27.76 -0.3 2	650	
9 120 Fair, Ermesha	FR Hampton	27.84 -0.3 2	643	
10 331 Jefferson, Brandi	SO South Carolina S	27.85 -0.3 2	643	
11 327 Foster, Kristi	SR South Carolina S	28.02 -1.4 1	629	
-- 341 Vance, Tempest	JR South Carolina S	DNF -1.4 1		
-- 29 Hall, Deondrea	JR Coppin State	DNS -1.4 1		

## Event 39 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points
1 26 Baird, Natoya	SR Coppin State	5.77m NWI 18-11.25	780	
5.44m(NWI) FOUL 5.77m(NWI)				
2 291 Jenkins, Tanisha	SO Norfolk State	5.66m NWI 18-07.00	747	
5.42m(NWI) 5.46m(NWI) 5.66m(NWI)				
3 294 Matthews, Ashantia	FR Norfolk State	5.47m NWI 17-11.50	691	
FOUL 5.47m(NWI) FOUL				
4 285 Faulkner, Victoria	SR Norfolk State	5.36m NWI 17-07.00	660	
4.92m(NWI) 5.08m(NWI) 5.36m(NWI)				
5 120 Fair, Ermesha	FR Hampton	5.21m NWI 17-01.25	617	
5.11m(NWI) 5.21m(NWI) 5.02m(NWI)				
6 69 Sewell, Nykeisha	SO Delaware State	5.10m NWI 16-08.75	587	

	5.07m(NWI)	5.10m(NWI)	5.00m(NWI)					
7	64 Johnson, Kristen	FR	Delaware State	5.06m	NWI	16-07.25	576	
	4.89m(NWI)	5.06m(NWI)	5.06m(NWI)					
8	118 Briggs, Deshana	FR	Hampton	4.79m	NWI	15-08.75	503	
	4.79m(NWI)	FOUL	4.49m(NWI)					
9	331 Jefferson, Brandi	SO	South Carolina S	4.38m	NWI	14-04.50	398	
	FOUL	4.38m(NWI)	FOUL					
--	220 Adams, Ashley	SO	Morgan State	FOUL				
	FOUL	FOUL	FOUL					
--	327 Foster, Kristi	SR	South Carolina S	DNS	NWI			
--	29 Hall, Deondrea	JR	Coppin State	DNS	NWI			
--	341 Vance, Tempest	JR	South Carolina S	DNS	NWI			

## Event 39 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points
1 26 Baird, Natoya	SR	Coppin State	33.52m	110-00 543
	32.12m	FOUL	33.52m	
2 285 Faulkner, Victoria	SR	Norfolk State	32.55m	106-09 525
	25.45m	32.55m	32.09m	
3 291 Jenkins, Tanisha	SO	Norfolk State	27.73m	91-00 434
	21.10m	24.92m	27.73m	
4 220 Adams, Ashley	SO	Morgan State	26.81m	87-11 416
	26.81m	23.95m	23.76m	
5 120 Fair, Ermesha	FR	Hampton	25.30m	83-00 388
	25.27m	25.30m	23.26m	
6 118 Briggs, Deshana	FR	Hampton	23.42m	76-10 353
	18.00m	22.36m	23.42m	
7 69 Sewell, Nykeisha	SO	Delaware State	23.16m	76-00 348
	23.16m	22.24m	21.79m	
8 294 Matthews, Ashantia	FR	Norfolk State	23.11m	75-10 347
	17.77m	23.11m	FOUL	
9 64 Johnson, Kristen	FR	Delaware State	19.91m	65-04 287
	16.05m	12.94m	19.91m	
10 331 Jefferson, Brandi	SO	South Carolina S	17.01m	55-10 234
	15.32m	15.01m	17.01m	
-- 341 Vance, Tempest	JR	South Carolina S	DNS	
-- 327 Foster, Kristi	SR	South Carolina S	DNS	
-- 29 Hall, Deondrea	JR	Coppin State	DNS	

## Event 39 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 69 Sewell, Nykeisha	SO	Delaware State	2:32.94	656
2 220 Adams, Ashley	SO	Morgan State	2:34.97	632
3 331 Jefferson, Brandi	SO	South Carolina S	2:37.21	605
4 120 Fair, Ermesha	FR	Hampton	2:39.39	580
5 291 Jenkins, Tanisha	SO	Norfolk State	2:39.44	579
6 285 Faulkner, Victoria	SR	Norfolk State	2:42.76	542
7 64 Johnson, Kristen	FR	Delaware State	2:44.12	527
8 118 Briggs, Deshana	FR	Hampton	2:44.22	525
9 26 Baird, Natoya	SR	Coppin State	2:45.59	510
10 294 Matthews, Ashantia	FR	Norfolk State	2:56.67	397
-- 341 Vance, Tempest	JR	South Carolina S	DNS	
-- 327 Foster, Kristi	SR	South Carolina S	DNS	
-- 29 Hall, Deondrea	JR	Coppin State	DNS	

## Event 40 Men Decathlon

MEAC: \$	6693	2005	Alan Mitchell,	Morgan State
NCAA Auto: A	7500			
NCAA Prov: P	6900			
Name	Year	School	Finals	Points
1 248 Taylor-Watson, Dak	SR	Morgan State	6236	10
2 140 Dixon, Damon	SO	Hampton	6143	8

3	219 Strachan, Jamahl	SR Maryland-Eastern	6009	6
4	323 Whitties, Meredith	JR Norfolk State	5811	5
5	316 Shelton, Darris	FR Norfolk State	5758	4
6	209 Dix, Jermol	FR Maryland-Eastern	5714	3
7	345 Brown, Leighton	FR South Carolina S	5603	2
8	147 Ramsey, Stephen	SR Hampton	5558	1
9	305 Cooper, Algernon	SR Norfolk State	5144	
10	348 Elmore, Mark	JR South Carolina S	4754	
11	111 Washington, Philli	SO Florida A&M	4383	
12	343 Axson, Dashan	SO South Carolina S	3920	

## Event 40 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind	H#	Points
1	81 Sivels, Darius	FR Delaware State	11.20	-0.6	2	817
2	316 Shelton, Darris	FR Norfolk State	11.30	-0.6	2	795
2	248 Taylor-Watson, Dak	SR Morgan State	11.30	-0.6	2	795
4	345 Brown, Leighton	FR South Carolina S	11.49	-1.8	1	755
5	140 Dixon, Damon	SO Hampton	11.51	-0.6	2	750
6	209 Dix, Jermol	FR Maryland-Eastern	11.53	-0.6	2	746
7	147 Ramsey, Stephen	SR Hampton	11.55	-1.8	1	742
8	323 Whitties, Meredith	JR Norfolk State	11.57	-0.6	2	738
9	343 Axson, Dashan	SO South Carolina S	11.82	-1.8	1	687
9	348 Elmore, Mark	JR South Carolina S	11.82	-0.6	2	687
11	219 Strachan, Jamahl	SR Maryland-Eastern	11.93	-1.8	1	665
12	305 Cooper, Algernon	SR Norfolk State	12.01	-1.8	1	649
13	111 Washington, Philli	SO Florida A&M	12.23	-0.6	2	606

## Event 40 Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind	Points	
1	316 Shelton, Darris	FR Norfolk State	7.14m	0.4	23-05.25	847
	6.69m(-1.9) 7.02m(+0.0)		7.14m(0.4)			
2	248 Taylor-Watson, Dak	SR Morgan State	6.57m	-0.9	21-06.75	713
	5.97m(-1.0) 6.04m(-0.7)		6.57m(-0.9)			
3	140 Dixon, Damon	SO Hampton	6.55m	-0.8	21-06.00	709
	6.55m(-0.8) 5.75m(-1.1)		6.33m(-1.3)			
4	81 Sivels, Darius	FR Delaware State	6.32m	NWI	20-09.00	657
	5.61m(-0.9) FOUL(-0.1)		6.32m(-0.0)			
5	219 Strachan, Jamahl	SR Maryland-Eastern	6.24m	+0.0	20-05.75	639
	6.00m(-1.2) 6.24m(+0.0)		4.55m(+0.0)			
6	209 Dix, Jermol	FR Maryland-Eastern	6.22m	-0.3	20-05.00	635
	6.22m(-0.3) 5.92m(-0.2)		FOUL(2.0)			
7	147 Ramsey, Stephen	SR Hampton	6.14m	NWI	20-01.75	617
	6.14m(-0.0) 5.89m(-0.4)		5.96m(-1.2)			
8	305 Cooper, Algernon	SR Norfolk State	6.11m	0.2	20-00.50	610
	5.86m(-1.9) 5.91m(-0.6)		6.11m(0.2)			
9	323 Whitties, Meredith	JR Norfolk State	6.08m	-1.2	19-11.50	604
	6.07m(-0.1) FOUL(-0.9)		6.08m(-1.2)			
10	345 Brown, Leighton	FR South Carolina S	6.07m	NWI	19-11.00	602
	6.01m(-0.6) 6.07m(-0.0)		5.45m(-0.3)			
11	111 Washington, Philli	SO Florida A&M	5.88m	-1.0	19-03.50	561
	5.54m(-1.0) 5.83m(-1.7)		5.88m(-1.0)			
12	348 Elmore, Mark	JR South Carolina S	5.66m	-0.2	18-07.00	514
	FOUL(-0.3) 5.66m(-0.2)		FOUL(2.0)			
13	343 Axson, Dashan	SO South Carolina S	5.09m	-2.1	16-08.50	400
	5.09m(-2.1) 4.27m(-0.0)		FOUL(-0.7)			

## Event 40 Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points	
1	248 Taylor-Watson, Dak	SR Morgan State	11.64m	38-02.25	585
	11.49m 11.64m 11.02m				
2	348 Elmore, Mark	JR South Carolina S	11.43m	37-06.00	572
	11.40m 10.56m 11.43m				



Name	Year	School	Finals	H#	Points	
1	140	Dixon, Damon	SO Hampton	50.28	2	802
2	81	Sivels, Darius	FR Delaware State	50.41	1	796
3	323	Whitties, Meredith	JR Norfolk State	51.15	1	762
4	316	Shelton, Darris	FR Norfolk State	51.41	2	751
5	345	Brown, Leighton	FR South Carolina S	51.46	2	749
6	209	Dix, Jermol	FR Maryland-Eastern	51.54	2	745
7	147	Ramsey, Stephen	SR Hampton	51.97	2	726
8	219	Strachan, Jamahl	SR Maryland-Eastern	52.27	2	713
9	348	Elmore, Mark	JR South Carolina S	52.78	2	691
10	343	Axson, Dashan	SO South Carolina S	53.90	1	644
11	248	Taylor-Watson, Dak	SR Morgan State	53.92	2	643
12	111	Washington, Philli	SO Florida A&M	55.36	1	584
13	305	Cooper, Algernon	SR Norfolk State	58.93	1	450

## Event 40 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points	
1	323	Whitties, Meredith	JR Norfolk State	14.52	2.2	4	908
2	140	Dixon, Damon	SO Hampton	14.81	2.2	4	873
3	209	Dix, Jermol	FR Maryland-Eastern	15.35	3.9	2	808
4	147	Ramsey, Stephen	SR Hampton	15.49	3.3	1	791
5	248	Taylor-Watson, Dak	SR Morgan State	15.59	3.3	1	780
6	316	Shelton, Darris	FR Norfolk State	15.74	2.5	3	762
7	111	Washington, Philli	SO Florida A&M	16.07	2.2	4	725
8	345	Brown, Leighton	FR South Carolina S	16.36	2.5	3	693
9	305	Cooper, Algernon	SR Norfolk State	16.82	3.9	2	643
10	219	Strachan, Jamahl	SR Maryland-Eastern	16.87	3.3	1	638
11	343	Axson, Dashan	SO South Carolina S	18.55	3.9	2	473
12	348	Elmore, Mark	JR South Carolina S	20.76	2.2	4	292
--	81	Sivels, Darius	FR Delaware State	DNF	2.5	3	

## Event 40 Decathlon: #7 Men Discus Throw Decathlon

Name	Year	School	Finals	Points		
1	348	Elmore, Mark	JR South Carolina S	35.84m	117-07	581
			35.84m 29.88m 35.16m			
2	248	Taylor-Watson, Dak	SR Morgan State	34.12m	111-11	546
			34.12m FOUL 33.83m			
3	219	Strachan, Jamahl	SR Maryland-Eastern	30.91m	101-05	482
			25.26m 30.91m FOUL			
4	345	Brown, Leighton	FR South Carolina S	30.62m	100-05	477
			30.62m 23.56m FOUL			
5	147	Ramsey, Stephen	SR Hampton	28.81m	94-06	441
			FOUL FOUL 28.81m			
6	209	Dix, Jermol	FR Maryland-Eastern	28.58m	93-09	437
			20.21m 28.58m FOUL			
7	140	Dixon, Damon	SO Hampton	27.23m	89-04	410
			23.42m 27.23m FOUL			
8	305	Cooper, Algernon	SR Norfolk State	27.00m	88-07	406
			FOUL 27.00m 25.62m			
9	323	Whitties, Meredith	JR Norfolk State	22.91m	75-02	327
			22.91m FOUL FOUL			
10	316	Shelton, Darris	FR Norfolk State	22.71m	74-06	323
			17.79m FOUL 22.71m			
11	111	Washington, Philli	SO Florida A&M	18.40m	60-04	242
			16.34m 15.19m 18.40m			
12	343	Axson, Dashan	SO South Carolina S	14.15m	46-05	165
			FOUL 14.15m 14.05m			
--	81	Sivels, Darius	FR Delaware State	DNS		

## Event 40 Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals	Points
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1	219	Strachan, Jamahl	SR Maryland-Eastern	3.95m	12-11.50	603
				2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05		
				P P O O O O XO O O P O XO XXX		
2	140	Dixon, Damon	SO Hampton	3.65m	11-11.75	522
3	248	Taylor-Watson, Dak	SR Morgan State	3.35m	10-11.75	444
				2.85 2.95 3.05 3.15 3.25 3.35 3.45		
				P XO P XO XXO O XXX		
4	209	Dix, Jermol	FR Maryland-Eastern	3.25m	10-08.00	418
5	323	Whitties, Meredith	JR Norfolk State	3.05m	10-00.00	369
				2.85 2.95 3.05 3.15		
				XO O O XXX		
6	111	Washington, Philli	SO Florida A&M	2.85m	9-04.25	321
				2.85 2.95		
				O XXX		
6	305	Cooper, Algernon	SR Norfolk State	2.85m	9-04.25	321
				2.85 2.95 3.05		
				O XXO XXX		
8	147	Ramsey, Stephen	SR Hampton	2.75m	9-00.25	298
8	316	Shelton, Darris	FR Norfolk State	2.75m	9-00.25	298
				2.85 2.95		
				XO XXX		
10	345	Brown, Leighton	FR South Carolina S	2.35m	7-08.50	210
11	348	Elmore, Mark	JR South Carolina S	1.25m	4-01.25	21
11	343	Axson, Dashan	SO South Carolina S	1.25m	4-01.25	21
--	81	Sivels, Darius	FR Delaware State	DNS		

## Event 40 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points
1	345	Brown, Leighton	FR South Carolina S	52.58m 172-06 627
				47.77m 46.30m 52.58m
2	323	Whitties, Meredith	JR Norfolk State	49.94m 163-10 588
				48.07m 49.94m 47.66m
3	248	Taylor-Watson, Dak	SR Morgan State	48.68m 159-08 569
				40.79m 48.68m 48.31m
4	147	Ramsey, Stephen	SR Hampton	47.57m 156-01 553
				43.29m ND 47.57m
5	219	Strachan, Jamahl	SR Maryland-Eastern	40.91m 134-03 455
				39.15m ND 40.91m
6	140	Dixon, Damon	SO Hampton	40.39m 132-06 448
				35.05m ND 40.39m
7	348	Elmore, Mark	JR South Carolina S	36.75m 120-07 395
				ND 33.40m 36.75m
8	305	Cooper, Algernon	SR Norfolk State	35.56m 116-08 378
				35.56m 33.47m 30.11m
9	316	Shelton, Darris	FR Norfolk State	35.04m 114-11 371
				32.85m 35.04m ND
10	209	Dix, Jermol	FR Maryland-Eastern	34.47m 113-01 363
				30.48m 34.47m ND
11	343	Axson, Dashan	SO South Carolina S	21.82m 71-07 186
				ND 21.82m ND
--	111	Washington, Philli	SO Florida A&M	ND
				ND ND ND
--	81	Sivels, Darius	FR Delaware State	DNS

## Event 40 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points
1	219	Strachan, Jamahl	SR Maryland-Eastern	4:54.04 595
2	343	Axson, Dashan	SO South Carolina S	4:56.42 581
3	209	Dix, Jermol	FR Maryland-Eastern	4:58.69 567
4	323	Whitties, Meredith	JR Norfolk State	5:08.77 510
5	348	Elmore, Mark	JR South Carolina S	5:09.74 505
6	140	Dixon, Damon	SO Hampton	5:12.20 492
7	305	Cooper, Algernon	SR Norfolk State	5:16.63 468

8	248 Taylor-Watson, Dak	SR Morgan State	5:17.15	465
9	345 Brown, Leighton	FR South Carolina S	5:20.37	448
10	147 Ramsey, Stephen	SR Hampton	5:21.22	444
11	316 Shelton, Darris	FR Norfolk State	5:30.97	395
12	111 Washington, Philli	SO Florida A&M	5:32.10	389
--	81 Sivels, Darius	FR Delaware State		DNS

Women - Team Rankings - 19 Events Scored

1) Hampton	119	2) Maryland-Eastern Shore	109
3) Norfolk State	106	4) N. Carolina A&T	82
5) Bethune-Cookman	70	6) Howard	59
7) South Carolina St.	57	8) Coppin State	40
9) Florida A&M	36.50	10) Morgan State	32
11) Delaware State	30.50		

Men - Team Rankings - 19 Events Scored

1) Norfolk State	133.50	2) Hampton	104
3) Maryland-Eastern Shore	93.50	4) N. Carolina A&T	84
5) Morgan State	73	6) Delaware State	68
7) Bethune-Cookman	41	8) Florida A&M	39
9) Coppin State	36	10) South Carolina St.	34
11) Howard	31		