

Women 100 Meter Dash

Top 16 Advance by Time					
Name	Year	School	Seed	Prelims	Wind
Preliminaries					
1	Lawson, Krystin	NCAT	11.95	11.80q	4.4
2	Chavis, Ashlynn	Methodist Un	12.26	12.11q	4.4
3	Brown, Brittany	NC Central U	12.40	12.19q	4.4
4	Newton, Kendra	NCAT	12.60	12.68q	4.4
5	Robinson, Lora	High Point U	12.70	12.69q	4.4
6	Woodard-Stephens,	Mount Olive	12.50	13.11q	4.4
7	Knight, Ashley	Mount Olive	13.30	13.64q	4.4

Women 100 Meter Dash

Name	Year	School	Prelims	Finals	Wind
Finals					
1	Lawson, Krystin	NCAT	11.80	11.81	0.4
2	Brown, Brittany	NC Central U	12.19	12.20	0.4
3	Chavis, Ashlynn	Methodist Un	12.11	12.24	0.4
4	Newton, Kendra	NCAT	12.68	12.78	0.4
5	Robinson, Lora	High Point U	12.69	12.82	0.4
6	Woodard-Stephens,	Mount Olive	13.11	13.04	0.4
7	Knight, Ashley	Mount Olive	13.64	13.49	0.4

Women 200 Meter Dash

Name	Year	School	Seed	Finals	Wind	H#
1	Lawson, Krystin	NCAT	24.40	24.58	1.5	1
2	Mitchell, Carmenta	NCAT	24.80	25.18	1.5	1
3	Gray, Christina	NCAT	25.20	25.57	1.5	1
4	Dallas, Saquenda	NC Central U	26.30	25.58	3.5	2
5	Newton, Kendra	NCAT	25.80	26.06	1.5	1
6	Chavis, Ashlynn	Methodist Un	25.90	26.20	3.5	2
7	Robinson, Lora	High Point U	26.20	26.29	3.5	2
8	Houston, Ciara	Capital Xtreme	25.24	26.32	1.5	1
9	Davis, Dannielle	Unattached	26.10	26.49	3.5	2
10	Woodard-Stephens,	Mount Olive	27.00	27.68	3.5	2
11	Knight, Ashley	Mount Olive	28.50	28.97	3.5	2

Women 400 Meter Dash

Name	Year	School	Seed	Finals
1	Spruiel, Alex	NCAT	53.05	52.98
2	Williams, Chavaria	NC Central U	54.90	57.82
3	Alexander, Ambria	NC Central U	57.50	58.41
4	Houston, Ciara	Capital Xtreme	57.89	58.80
5	Shepherd, Crystal	NC Central U	58.92	58.93
6	Jones, Megan	Mount Olive	1:06.00	1:09.75

Women 800 Meter Run

Name	Year	School	Seed	Finals
1	Jones, Dejah	Unattached	2:19.36	2:22.91
2	Zeiller, Kristy	Methodist Un	2:26.28	2:26.41
3	Gantt, Lakisha	NC Central U		2:31.81
4	Moore, Melissa	Mount Olive	2:45.00	2:39.48
5	Pye, Caitlyn	Mount Olive	3:00.00	2:55.78
6	Alvarado, Rocio	Mount Olive	3:00.00	2:58.19

Women 1500 Meter Run

Name	Year	School	Seed	Finals
1	Kis, Zsanett	High Point U	4:34.00	4:41.58
2	Zeiller, Kristy	Methodist Un	4:59.80	4:55.17
3	Johnson, Desinia	NC Central U	5:05.00	4:55.22
4	Jones, Dejah	Unattached	4:59.64	4:55.89
5	Cooke, Ashley	NC Central U	5:15.00	5:01.95
6	Wallace, Dreanna	NC Central U	5:04.00	5:02.06

7	Moore, Melissa	Mount Olive	5:36.00	5:33.09
8	Alvarado, Rocio	Mount Olive	6:00.00	6:10.14

Women 100 Meter Hurdles

Top 16 Advance by Time

Name	Year School	Seed	Prelims	Wind
Preliminaries				
1	Smith, Loreal	NCAT	13.75	13.88q 3.6
2	Newton, Kendra	NCAT	14.15	13.98q 3.6
3	Gamble, Manika	High Point U	14.50	14.54q 3.6
4	Reddic, Lydia	NCAT	14.50	14.82q 3.6
5	Davis, Dannielle	Unattached	15.23	15.20q 3.6
6	Derrickson, Kimber	NC Central U	16.89	16.17q 3.6

Women 100 Meter Hurdles

Name	Year School	Prelims	Finals	Wind
Finals				
1	Smith, Loreal	NCAT	13.88	13.55 1.4
2	Newton, Kendra	NCAT	13.98	14.00 1.4
3	Davis, Dannielle	Unattached	15.20	14.80 1.4
4	Reddic, Lydia	NCAT	14.82	14.84 1.4
5	Derrickson, Kimber	NC Central U	16.17	16.20 1.4

Women 400 Meter Hurdles

Name	Year School	Seed	Finals
1	Gamble, Manika	High Point U	59.00 1:00.64
2	Smith, Loreal	NCAT	1:01.30 1:02.71
3	Simmers, Chantal	NC Central U	1:09.00 1:05.89
4	Lonon, Erin	High Point U	1:06.30 1:07.93

Women 4x400 Meter Relay

School	Seed	Finals
1 NC Central Univ 'A'	3:46.30	4:01.74
2 NC Central Univ 'B'	3:52.00	4:05.74

Women High Jump

Name	Year School	Seed	Finals
1	Issacs, Khadeen	NCAT	1.65m 1.57m 5-01.75
2	Breedon, Amanda	NCAT	1.63m 1.52m 4-11.75
3	Woodard-Stephens,	Mount Olive	1.47m 1.47m 4-09.75
4	Lowery, Briana	High Point U	1.52m 1.42m 4-07.75

Women Pole Vault

Name	Year School	Seed	Finals
1	Webb, Rachel	High Point U	2.79m 2.95m 9-08.00
2	Antor, Carli	High Point U	2.74m 2.87m 9-05.00

Women Long Jump

Name	Year School	Seed	Finals	Wind
1	Dixson, Brittany	NCAT	5.92m 5.81m 2.3 19-00.75	
2	Breedon, Amanda	NCAT	5.54m 5.33m 3.8 17-06.00	
3	Dallas, Saquenda	NC Central U	5.60m 5.08m 3.6 16-08.00	
4	Woodard-Stephens,	Mount Olive	5.18m 5.06m 2.3 16-07.25	
5	Knight, Ashley	Mount Olive	4.57m 4.47m -0.3 14-08.00	

Women Triple Jump

Name	Year School	Seed	Finals	Wind
1	Dixson, Brittany	NCAT	12.45m 11.97m 1.4 39-03.25	

Women Shot Put

Name	Year School	Seed	Finals
1	Foster, Jerrine	NCAT	14.45m 14.04m 46-00.75
2	Forrester, Katheri	NCAT	13.97m 13.39m 43-11.25

3	Price, Myosha	NC Central U	12.40m	11.19m	36-08.50
4	Hunt, Joy	High Point U	9.75m	9.77m	32-00.75
5	Boatman, Kara	High Point U	10.06m	9.74m	31-11.50
6	Garner, Shae	Mount Olive	10.06m	9.61m	31-06.50
7	Epps, Tahara	Mount Olive	9.14m	9.06m	29-08.75

Women Discus Throw

Name	Year School	Seed	Finals
1	Foster, Jerrine	NCAT	45.11m 44.64m 146-05
2	Forrester, Katheri	NCAT	43.59m 40.79m 133-10
3	Price, Myosha	NC Central U	33.00m 29.91m 98-01
4	Garner, Shae	Mount Olive	30.43m 29.28m 96-01
5	Hunt, Joy	High Point U	37.19m 27.92m 91-07
6	Epps, Tahara	Mount Olive	27.43m 25.37m 83-03

Women Hammer Throw

Name	Year School	Seed	Finals
1	Epps, Tahara	Mount Olive	23.57m 26.56m 87-02

Women Javelin Throw

Name	Year School	Seed	Finals
1	Derrickson, Kimber	NC Central U	33.50m 34.71m 113-10
2	Robinson, Paig	NC Central U	37.20m 32.05m 105-02
3	Lowery, Briauna	High Point U	32.31m 23.92m 78-06

Men 100 Meter Dash

Name	Year School	Seed	Prelims	Wind H#
Preliminaries				
1	Smoots, Jason	Nike	10.27q	2.8 1
2	Newman, Calesio	NCAT	10.33q	4.4 4
3	Morlu, Abraham	Unattached	10.45q	2.0 2
4	Nixon, Greg	Unattached	10.57q	4.4 4
5	Hill, Michael	Methodist Un	10.60q	4.4 4
6	Moore, Jason	Unattached	10.63q	2.6 5
7	2 Williams, Darryl	Unattached	10.69q	1.9 3
8	Davis, Chris	NC Central U	10.70q	2.6 5
9	4 Cotto, Hector	Unattached	10.73q	2.8 1
10	Lowe, Kevin	Unattached	10.79q	2.8 1
11	Bailey, Greg	Methodist Un	10.80q	1.9 3
12	Conaway, Justin	High Point U	10.82q	1.9 3
13	Petty, Tazz	Methodist Un	10.89q	2.8 1
14	Jordan, Akinwole	NCAT	10.92q	2.6 5
15	Wilkins, Jovan	Mount Olive	10.98q	2.0 2
16	Hardy, Phillip	NC Central U	10.99q	2.0 2
17	McGill, Cedric	Methodist Un	10.91	11.05 2.6 5
18	Jackamonis, Jason	Unattached	10.50	11.10 1.9 3
19	Graves, William	Coach Thomps	10.80	11.11 2.8 1
20	Barber, Andrew	Unattached	11.10	11.11 2.0 2
21	Scarborough, Clift	NC Central U	10.90	11.22 2.6 5
22	Stanley, Adonis	Methodist Un	11.06	11.22 1.9 3
23	Moakley, Patrick	Unattached	11.00	11.23 4.4 4
24	Passione, Terry	Unattached		11.70 4.4 4
25	Corrica, Elijah	Mount Olive	11.50	11.70 2.8 1
26	Fisher, Alex	High Point U	11.30	12.03 2.8 1
27	Baggett, Christoph	Mount Olive	12.00	12.43 1.9 3
28	Norfolk, Lorenzo	East Carolin	10.83	12.55 1.9 3
29	Grantham, Preston	Mount Olive	12.00	13.14 2.0 2
--	Queen, Carrington	Unattached	10.80	FS 2.8 1

Men 100 Meter Dash

Name	Year School	Prelims	Finals	Wind H#
Finals				
1	Smoots, Jason	Nike	10.27	10.22 2.2 1
2	Newman, Calesio	NCAT	10.33	10.28 2.2 1
3	Morlu, Abraham	Unattached	10.45	10.33 2.2 1
4	Nixon, Greg	Unattached	10.57	10.42 2.2 1
5	Hill, Michael	Methodist Un	10.60	10.51 2.2 1
6	Moore, Jason	Unattached	10.63	10.62 2.2 1
7	2 Williams, Darryl	Unattached	10.69	10.64 2.2 1
8	Davis, Chris	NC Central U	10.70	10.71 2.2 1

9	4 Cotto, Hector	Unattached	10.73	10.74	3.5	2
10	Petty, Tazz	Methodist Un	10.89	10.76	3.5	2
11	Conaway, Justin	High Point U	10.82	10.79	3.5	2
12	Bailey, Greg	Methodist Un	10.80	10.80	3.5	2
13	Jordan, Akinwole	NCAT	10.92	10.81	3.5	2
14	Lowe, Kevin	Unattached	10.79	10.84	3.5	2

Men 200 Meter Dash

Name	Year	School	Seed	Finals	Wind	H#
1	Newman, Calesio	NCAT	20.80	21.03	3.4	1
2	Moore, Jason	Unattached	21.20	21.18	3.4	1
3	Thompson, Kevin	East Carolin	20.85	21.33	3.4	1
4	Sanderson, Adian	East Carolin	21.30	21.60	3.4	1
5	2 Williams, Darryl	Unattached	21.35	21.64	3.4	1
6	Elliott, Jarrell	NCAT	21.62	21.65	1.9	2
7	Bailey, Greg	Methodist Un	21.45	21.67	3.4	1
8	Jordan, Akinwole	NCAT	21.55	21.78	1.9	2
9	Courson, Chris	Unattached	21.80	21.96	1.9	2
10	Graves, William	Coach Thomps	21.98	22.05	3.8	3
11	Barber, Andrew	Unattached	22.70	22.26	4.1	4
12	Moakley, Patrick	Unattached	22.51	22.32	4.1	4
13	Mcgill, Cedric	Methodist Un	22.16	22.34	4.1	4
14	Hewett, Jerek	East Carolin	21.89	22.69	3.8	3
15	Nau, Lionel	Haiti	21.90	22.89	3.8	3
16	Stanley, Adonis	Methodist Un	22.32	23.14	4.1	4
17	Fisher, Alex	High Point U	22.90	24.91	4.1	4

Men 400 Meter Dash

Name	Year	School	Seed	Finals	H#
1	Cleare, Aaron	Unattached	46.88	47.73	1
2	Courson, Chris	Unattached	48.00	47.79	1
3	Elliott, Jarrell	NCAT	47.40	47.93	1
4	Hall, Chris	NC Central U	49.00	49.46	1
5	Robinson, Omar	NC Central U	48.50	49.93	1
6	Walters, Renaldo	NCAT	48.80	50.19	1
7	Moakley, Patrick	Unattached	49.65	51.27	2
8	Gill, Daran	NC Central U	52.50	51.78	3
9	Nau, Lionel	Haiti	48.10	52.08	1
10	Stanley, Adonis	Methodist Un	52.00	52.53	3
11	Cowart, Antonio	NC Central U	50.00	52.65	2
12	Hannibal, Keon	Methodist Un	51.80	52.72	3
13	Carmon, Dontrez	Knight-Tc	49.00	53.01	1
14	Brickhouse, Thomas	Methodist Un	51.68	53.21	2
15	Barnes, Christophe	Knight-Tc	49.10	54.90	2

Men 800 Meter Run

Name	Year	School	Seed	Finals
1	Morgan, Josh	High Point U	1:51.23	1:52.86
2	Burnett, Rashaad	NCAT	1:54.30	1:54.66
3	Reddick-Simmons, P	Unattached	1:55.00	1:57.82
4	Cephas, Danzeto	NCAT	1:55.60	1:59.10
5	Alford, Vincent	Unattached	1:58.00	2:00.00
6	Brickhouse, Thomas	Methodist Un	2:02.00	2:00.07
7	Cashman, Josh	High Point U	1:51.80	2:01.61
8	Holman, Mason	Mount Olive	2:15.00	2:13.11
9	Hannibal, Keon	Methodist Un	2:00.00	2:13.50
10	Washington, Charle	Unattached	2:30.00	2:18.01
11	Grantham, Preston	Mount Olive	2:15.00	2:20.02
--	Kukat, James	NC Central U	1:56.00	DNF

Men 1500 Meter Run

Name	Year	School	Seed	Finals
1	Monds, Jevin	High Point U	3:52.02	3:57.48
2	Leggins, Steve	NCAT	4:05.00	4:07.00
3	Kukat, James	NC Central U	3:57.00	4:13.46
4	Menjares, Chris	Mount Olive		4:31.12
5	Holiday, Marc	Mount Olive		4:40.25

Men 110 Meter Hurdles

Name	Year	School	Seed	Prelims	Wind	H#
Top 16 Advance by Time						

Preliminaries

	Name	Year School	Prelims	Finals	Wind	
1	Townsend, Fred	Unattached	13.47	13.74q	1.8	1
2	Odom, Marlon	Unattached	13.50	13.81q	0.6	2
3	Queen, Carrington	Unattached	13.80	13.86q	0.6	2
4	4 Cotto, Hector	Unattached		14.05q	1.8	1
5	Lowry, Dior	Unattached	13.70	14.54q	1.8	1
6	Gramling, Oscar	Unattached	13.80	15.17q	1.8	1
7	Fisher, Alex	High Point U	15.10	15.39q	0.6	2
8	Bein, Petros	Methodist Un	14.90	15.45q	1.8	1

Men 110 Meter Hurdles

=====						
	Name	Year School	Prelims	Finals	Wind	
=====						
Finals						
1	Townsend, Fred	Unattached	13.74	13.57	2.7	
2	Queen, Carrington	Unattached	13.86	13.81	2.7	
3	Odom, Marlon	Unattached	13.81	13.92	2.7	
4	4 Cotto, Hector	Unattached	14.05	14.10	2.7	
5	Lowry, Dior	Unattached	14.54	14.47	2.7	
6	Gramling, Oscar	Unattached	15.17	14.67	2.7	
7	Bein, Petros	Methodist Un	15.45	15.18	2.7	
8	Fisher, Alex	High Point U	15.39	15.60	2.7	

Men 400 Meter Hurdles

=====					
	Name	Year School	Seed	Finals	
=====					
1	Weakly, Ian	Fitrition	48.55	51.25	
2	Smith, Gordon	NCAT	51.65	54.15	
3	Lindsay, Charles	NC Central U	53.30	56.41	
4	Gramling, Oscar	Unattached	52.00	57.27	
5	Bonnot, Sebastien	High Point U	57.40	59.39	
6	Mccombs, Cort	Mount Olive	1:00.00	1:02.74	

Men 4x100 Meter Relay

=====			
	School	Seed	Finals
=====			
1	East Carolina Univ 'A'	40.51	40.87
2	Methodist Univ 'A'	40.82	41.14
3	NC Central Univ 'A'	40.30	41.99

Men 4x400 Meter Relay

=====			
	School	Seed	Finals
=====			
1	NC Central Univ 'A'	3:16.00	3:25.17
2	Ncat 'A'		3:26.49

Men High Jump

=====					
	Name	Year School	Seed	Finals	
=====					
1	Smith, Gordon	NCAT		1.93m	6-04.00
--	Mccombs, Cort	Mount Olive	1.73m	NH	
--	Corrica, Elijah	Mount Olive	1.73m	NH	

Men Pole Vault

=====					
	Name	Year School	Seed	Finals	
=====					
1	Benton, Nick	High Point U	4.27m	3.75m	12-03.50
--	Matthews, Jacob	High Point U	4.57m	NH	
--	Spencer, Alex	Methodist Un	3.66m	NH	
--	Branaccacio, Tj	High Point U	4.75m	NH	

Men Long Jump

=====						
	Name	Year School	Seed	Finals	Wind	
=====						
1	Mcfadgen, David	NCAT		7.05m	5.0	23-01.75
2	1 Alexander, Tarrish	Unattached	7.73m	7.04m	1.9	23-01.25
3	Johnson, Aaron	Mount Olive	6.53m	6.86m	2.8	22-06.25
4	Jackamonis, Jason	Unattached	7.49m	6.50m	3.2	21-04.00
5	Corrica, Elijah	Mount Olive	5.99m	6.17m	3.3	20-03.00
6	Auyeung, Ben	High Point U	6.32m	5.86m	1.3	19-02.75
7	Benton, Nick	High Point U	6.15m	5.49m	4.8	18-00.25
8	Baggett, Christoph	Mount Olive	5.38m	5.18m	2.9	17-00.00

Men Triple Jump

Name	Year	School	Seed	Finals	Wind	
1	3	Cathcart, Brandon	Unattached	15.36m	15.50m	1.4 50-10.25
2		Buchanan, Ron	NCAT	15.09m	15.15m	0.4 49-08.50
3		Scott, William	NC Central U	15.04m	14.15m	2.9 46-05.25
4		Mcfadgen, David	NCAT	15.32m	14.08m	2.7 46-02.50
5		Johnson, Chris	Unattached	13.97m	13.87m	6.1 45-06.25

Men Shot Put

Name	Year	School	Seed	Finals
1		Greer, Anthony	Unattached	17.37m 57-11.00
2		Phifer, Lonnie	NCAT	17.63m 17.07m 56-00.00
3		Eric, Smalls	NC Central U	16.60m 16.54m 54-03.25
4		Boulware, Robert	NCAT	16.05m 15.49m 50-10.00
5		Wilburn, Chris	NC Central U	13.00m 12.76m 41-10.50
6		Whitt, Nealie	NC Central U	13.70m 12.58m 41-03.25
7		Blazure, Drew	High Point U	13.41m 12.47m 40-11.00
8		Murphy, Joe	Mount Olive	10.36m 10.81m 35-05.75
9		Swinson, Alejandro	Mount Olive	10.69m 10.62m 34-10.25
10		Dyer, Christopher	Mount Olive	9.53m 9.39m 30-09.75
11		Sherwood, Justin	Mount Olive	9.14m 8.46m 27-09.25

Men Discus Throw

Name	Year	School	Seed	Finals
1		Smalls, Eric	NC Central U	54.50m 45.15m 148-01
2		Boulware, Robert	NCAT	44.50m 43.32m 142-01
3		Phifer, Lonnie	NCAT	44.20m 42.04m 137-11
4		Whitt, Nealie	NC Central U	40.12m 41.55m 136-04
5		Sanders, Alex	NCAT	42.67m 39.49m 129-07
6		Blazure, Drew	High Point U	39.01m 35.21m 115-06
7		Murphy, Joe	Mount Olive	32.13m 30.75m 100-11
8		Swinson, Alejandro	Mount Olive	31.42m 30.20m 99-01
9		Potter, Justin	Mount Olive	27.69m 27.74m 91-00
10		Dyer, Christopher	Mount Olive	32.13m 27.50m 90-03
11		Wilburn, Chris	NC Central U	34.00m 26.52m 87-00

Men Hammer Throw

Name	Year	School	Seed	Finals
1		Swinson, Alejandro	Mount Olive	28.40m 31.21m 102-05
2		Murphy, Joe	Mount Olive	29.51m 26.48m 86-10
3		Sherwood, Justin	Mount Olive	23.72m 26.36m 86-06
4		Potter, Justin	Mount Olive	26.19m 22.30m 73-02

Men Javelin Throw

Name	Year	School	Seed	Finals
1		Vance, Cory	High Point U	47.85m 47.84m 156-11
2	5	Fox, Jessie	NCAT	44.22m 145-01
3		Mccombs, Cort	Mount Olive	36.58m 38.91m 127-08
4		Spencer, Alex	Methodist Un	44.47m 36.55m 119-11
5		Murphy, Joe	Mount Olive	41.15m 35.25m 115-08
6		Potter, Justin	Mount Olive	37.80m 32.02m 105-01
7		Sherwood, Justin	Mount Olive	27.61m 23.56m 77-03